

The Universal Church • The Universal Church of the Kingdom of God • www.universalchurchusa.org • Weekly Edition N° 638 • Facebook / Instagram: @TheUniversalChurch • [free distribution] The year 2026 is just around the corner. With so many uncertainties ahead, what does it take to have an exceptional year, unlike any other? The question is, how do you reach a life that, for many, feels more like a fairy tale? Do something different this year: Join us on December 31 at 10 PM for the New Year's Eve Vigil Yes! It's possible.



Page 2 Bishop **Edir Macedo** The new

year







# **OPINIONS**

## IN THIS EDITION

### What do you want: A new year or a different life?

The year 2026 is just around the corner. With so many uncertainties ahead, what does it take to have an exceptional year, unlike any other? Try placing all your strength in the Holy Spirit.

If you could revisit the past, review the mistakes of 2025, and plan better choices for 2026, you would probably start right away instead of waiting for January 1. As the new year approaches, everyone hopes for something better or at least different. The question is, how do you reach the life that, for many, feels almost unreachable?

While these thoughts weigh on our minds, the pain and losses left by the pandemic still linger. Uncertainty is everywhere, and despair has touched those who lost jobs, loved ones, and financial stability. Yet there is something available to everyone: a firm and faithful Word that brings life. Jesus said, "I am the way, the truth, and the life" (John 14:6)

In Revelation 21:5, God declares, "Behold, I make all things new." If He makes all things new, why not hold on to Him? His Spirit leads us to a new way of living that starts from within. When we receive the Holy Spirit, our inner life is transformed and begins to reflect His character and His fruit (Galatians 5:22).

Even in difficult times, with Him we find hope instead of confusion (Romans 5:5), strength in weakness (Romans 8:26), and freedom instead of fear (2 Timothy 1:7; 2 Corinthians 3:17). Those who live this reality are transformed by the renewal of their minds (Romans 12:2) and experience God's good, pleasing, and perfect will every day of the year.

### The change starts within you

This season is full of emotion, and many repeat the phrase "new year, new life." Yet year after year, nothing changes or things get worse. A different year requires different actions, but real change only happens when the mind is renewed.

True transformation comes through the baptism with the Holy Spirit, the union of God's mind with ours. Like a spiritual guide, He directs thoughts, decisions, and attitudes, leading to a new story. Anyone who wants a new life needs the Holy Spirit.

You are invited to be with us on December 31 at 10 PM for the New Year's Eve Vigil of the Power of Prayer. This special gathering will take place at all Universal Church locations nationwide. Join us as we seek God's presence and begin the new year in a truly different way.

# **Beating Depression**

Depression is more than just feeling sad. It is a deep, overwhelming sorrow that weighs down the soul. It brings hopelessness, drains motivation, and makes even the simplest tasks feel impossible. In severe cases, it can even take away a person's will to live. Depression is not only a state of mind, it is a sickness of the soul. But what can heal the soul? Only the Savior, the Lord Jesus, has the power to restore a troubled heart.

Every Sunday, The Universal Church opens its doors to those who are battling depression. If you need support, we invite you to visit a nearby branch. Join a Chain of Prayer, a seven-week commitment where you will receive spiritual strength through powerful prayers, practical guidance, and one-on-one counseling.

You are not alone in this fight. Thousands of people around the world have found hope and transformation through faith, proving that a Chain of Prayer can truly make a difference. You can be the next success story. You can overcome depression.

### **BEAT DEPRESSION**

BEATING DEPRESSION THROUGH THE POWER OF FAITH!

Call 1.888.332.4141 Text 1.888.312.4141 For more information SEE PAGE 12 FOR LOCATIONS



# **Bishop Edir Macedo**



## The New Year

hat does it mean for something to be new? The dictionary says "new" is something that has not happened before. It sounds obvious, but it is not. Many people enter the new year with the same old habits and repeat the same reactions from past years. The result is often a worse version of the year before. Yet the Holy Spirit calls us to live a new life, and there is no better time to remember that than at the turn of the year.

Everyone talks about "new." New year, new life, everything new. But real change only happens when we leave behind the baggage of the past year and start with renewed faith, expecting what has never happened before. Renewed by the Spirit of a new life, we gain new reactions, new ideas, and new results. The new is full of possibilities and opportunities, not based on luck, but on trust in the Word that assures us God keeps His promises.

One of the greatest blessings has been spending the final days of the year in the Daniel Fast, meditating on God and strengthening our relationship with Him. Starting the year



with a fast from information makes a real difference in how we face the months ahead. I thank God for this inspiration.

May 2026 truly be a new year. May blessings, answers, and inspirations come that have never come before. May salvation reach places it has not yet reached. May the Church grow as never before. May we see God's power, mercy, love, and guidance in ways we have never seen, and may He surprise us as we respond to His calling.

"Do not remember the former things, nor consider the things of old. Behold, I am doing a new thing." (Isaiah 43:18-19)

God bless you.

## Fireworks fade, but reality remains

eal estate agent Simone Nakama, 42, remembers The traditions she followed in the past during New Year's celebrations. "I wore new clothes, but they were always donated later. I chose colors based on the area of life I thought needed help because people said colors had meanings. But nothing ever worked. I enjoyed the excitement of fireworks and the food, but within the same week, reality came back with poverty and family fights. Nothing changed, only the date on the calendar. In fact, everything got worse," she

She recalls a life marked by pain. "My stepfather used to beat me and, when drunk, threatened to kill us. I slept with a knife under my pillow. We ended up living in a tenement, in a basement under a bar, sharing one bathroom with 20 families. Many times, our main food was just cornmeal."

From a young age, Simone lived with depression. "From 20 to 24, I locked myself inside the house. Later, I entered a relationship and seemed to improve, but after pregnancy, I developed postpartum depression. There was

always a reason for my condition. First, it was my father's death, then something else. Depression followed me through every stage of life," she says.

Already taking strong prescription medications, her condition only worsened. "I could not sleep, so I took sleeping pills. Then I took medication to

stay awake, and later medication to feel happy, but nothing worked. I stopped going to work, stopped showering, stopped taking care of myself, and did not even step into my backyard. Psychologists and psychiatrists only increased the dosage." She lists the consequences. "I attempted suicide by cutting my wrists and drinking cleaning products. I had my stomach pumped after taking pills to kill myself. To my shock, a doctor asked why I had not taken rat poison, since I was just causing trouble."

Each new year arrived, but her depression remained the same. "I spent New Year's nights locked



inside the house, depressed and crying. I heard the fireworks and felt angry because I was not happy. I spent New Year's Eve taking medication and hiding under a blanket."

Five years ago, everything changed. "I

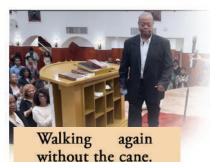
knew the Universal Church but had drifted away. I returned in 2016, right at the end of the year. I placed all my expectations and desires on the altar because I had nothing left to lose, and I knew everything would be different. When I received the Holy Spirit, the depressed and insecure Simone no longer existed."

Today, she celebrates a new life. "I no longer have depression. I am complete. Before, I was just surviving, but now the Holy Spirit is the reason I live. Today, my daughters and I serve God, and our priority is to begin the new year in His presence," she concludes.

# "With God all Matthew 19:26 Things are possible"



# "My kidneys were failing"



I caught sepsis two years ago. I could not walk, and my kidneys were failing. I stayed in a nursing home for three months. While I was there, a pastor from the Universal Church came to pray for me.

I drank the blessed water, and within a short period of time, the cyst in my kidney faded away. I also washed my knees with the water, and I began walking again and getting stronger. Now I feel much better, and I can walk even without a cane.



even without a cane.

Mr. Malvin

brought the blessed water and prayed for him.



# "My mother is free from cancer."

I am sharing this testimony because my mother was diagnosed with cancer. At the time, I called this ministry for prayer while Bishop Joshua was on TV during the Showdown of Faith. I told my mother, "You have to use your faith. Stand strong, and let's pray together."



From that moment on, I began bringing the blessed water from the church to my mother regularly. She held on to her faith and made a firm decision that she no longer had cancer. Little by little, the cancer shrank and eventually disappeared. When my mother went in to begin chemotherapy, the doctor told us something we never expected to hear. He said she was free from cancer and that there was nothing there. I thank God for everything He has done. Ms.



# "I used too have high blood pressure."

After my sister passed away, I became depressed. From that time on, I realized that I was having high blood pressure every time I went for a checkup. When I came to this ministry, I started drinking the blessed water. I decided on my own to stop taking the medication. When I went back to the doctor for another checkup, I found out that my blood pressure was normal. I also could not sleep at night before, but now I sleep very well.



As you can see on your right side, I have been recording my blood pressure and it is normal. I feel like a newborn baby. -Sandra



RECEIVE THE BLESSED WATER
THIS SUNDAY
at your nearest Universal Church



# No more



hat New Year's resolutions did you make at the end of 2024?

From that list, how many did you actually accomplish?

Will you complete the rest by the end of 2025?

One thing we can all agree on is this: 2024 is over. It is gone. Soon, 2025 will also pass. There will never be another year like 2024, 2023, or 2022. These years exist only on the calendar now.

But here is something powerfult oremember. Your faith can remove problems from your life.

Your faith in the Word of God produces real results.

The Bible says:

"And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former

# things have passed away." (Revelation 21:4)

This promise comes directly from God Himself, and it is final. Do you believe it?

What problems have been attacking your life?

Sickness?
Family struggles?
Depression?

Financial difficulties?

Hold on to God's promises. Do not just believe that the year is ending. Believe that there will be no more depression, no more financial stress, no more family conflict, and no more sickness.

Whatever challenges you are facing, even those not listed here, place them before God and declare with faith:

NO MORE\_

Do not just say goodbye to 2025. Say goodbye to the problems as well.

May the God of the Bible bless you abundantly.

### **BIBLE READING DECEMBER 2025** 36 43 37 39 40 41 42 ISAIAH ISAIAH 44 50 / ISAIAH ISAIAH ISAIAH ISAIAH 54 56 ISAIAH ISAIAH 59 & 60/ 61 & 62 63 & 64 65 & 66

# A new beginning on New Year's Eve

"As the years passed,

my life remained empty

and troubled, despite

all the rituals I did on

New Year's Eve."

y mother served spirits, and every year, as the year came to an end, we would go to the beach to perform rituals meant to guarantee a better new year. We followed those rituals faithfully, believing that dancing, offering flowers, perfumes, and gifts to the saints would change our lives. My mother, who was a spiritist, also welcomed many people into our home who were looking for help and a fresh start for the coming year. Even with all that

devotion, nothing ever changed.

As the years went by, my life remained empty and troubled. I had no peace inside. I my was married, but witchcraft was used to separate us, and I began to suffer deeply. I could not sleep at night, and when I finally did fall asleep, I

was tormented by terrible nightmares. I would wake up suddenly, feeling as if someone were choking me, with my heart racing in fear. Sometimes, I dreamed that I was being buried alive and woke up terrified. My life was full of anguish, yet I continued to remain faithful to the spirits, believing they would eventually help me.

After my ex-husband passed away, I remarried. My new husband knew about the Universal Church, and when he saw the condition I was in, especially the insomnia and constant nightmares, he invited me to go with him. I accepted the invitation, and there I was advised to take part in a chain of prayer for my complete deliverance from everything I was facing.

As I began the chain of prayer, something incredible happened. The nightmares stopped. The insomnia disappeared. I was finally able to sleep peacefully through the night. For the first time in many years, I felt peace and freedom. I continued attending church, and the more I sought God, the more my life began to change for the better.

I then made the decision to surrender my life completely to God. I was baptized in water for the forgiveness of my sins and began a new life with Him. I also learned about the Holy Spirit and started seeking the baptism of the Holy Spirit. Within a few months, I received the Holy Spirit, and that was when I truly understood what peace and joy mean. My life was completely transformed. It felt as though my painful past no longer existed, because that is what the Holy Spirit does. He removes the pain and burdens of the past.

I also started a chain of prayer for my family, and God blessed us

in a powerful way. My mother left spiritism and began attending church with me. Today, she is free, and there is no longer fighting or confusion in our family. We are united, serving God, and sharing the peace He has given us with others who are suffering.

Today, I no longer spend New Year's Eve performing

rituals on the beach. Instead, I am in the house of God, and that is what truly determines a blessed new year, one guided and protected by Him. I



# **FAITH IN ACTION**

# What's happening at Universal

# "I felt like a man with no strength or motivation"



Tor me, the end of the year was anything but d happy. We held family parties hoping to be joyful, but something always went wrong. There was always a problem, and I felt an overwhelming desire to disappear. It was hard to explain, but it left me deeply sad and without direction. Year after year, the same suffering continued.

One New Year's Eve, I fought with my wife and separated from her. That same night, after an argument on the street, I grabbed a gun intending to take a young woman's life, and I was arrested. What

should have been a time of celebration became a tragedy. Another year, during a family gathering, an argument broke out and my brother was attacked. I saw him bleeding, in a situation that never should have happened.

When it was not family problems, it was finances. When it was not finances, it was issues with the children. It was always sadness. I felt like a man with no strength or motivation to be a real husband and father. I was married but living like a single man, lying, disappearing, and only coming home the next day. That behavior led my wife into depression.

I smoked four or five cigarettes in a row, full of anguish. I worked, but I never moved forward. Everything I earned was wasted on drinking, smoking, parties, and late nights, which only brought more frustration.

I came to the Universal Church through my wife. I saw the change in her and thought, she is different, and I want that too. I started attending and learned about the New Year's Eve Vigil, about beginning the year in God's presence.

Taking part in that vigil was powerful. I felt a peace I had never known. There was no fighting, no confusion. I realized that if I placed the beginning and the end of my year in God's hands, everything in between could also change. That was the path I had been searching for.

I gave up everything to live for my family and for God. I had tried to fill a void with drugs, alcohol, and nightlife, but nothing worked. What I found in the church was the Holy Spirit. He filled me completely.

Today, I have no addictions. I have peace in my home, peace with my children, and a restored marriage. My wife no longer suffers from depression, and my life has been transformed.

All of this happened through the Holy Spirit I received at the Universal Church of the Kingdom of God. I invite you who feel sad or lost to take part in the New Year's Eve Vigil. Just as there was a solution for my life, there is a solution for yours too.

— Leandro

# "My misery continued for years"



name is Viviane, and for me, the end of the year used to mean fights and arguments. From the age of 13 to 24, I spent every New Year's Eve at the beach with my mother. She served a spiritual entity, and every year we performed rituals. Afterward, she would not let me turn my back to the sea. We had to leave facing the ocean because she said turning away was disrespectful.

My mother always tried to offer the best: imported perfumes,

expensive champagne, and jewelry. Many times, she offered things she would not even buy for herself. Still, no matter how much she believed she was doing the right thing, life inside our home got worse every year. I was the only one who went with her, and we fought constantly. One New Year's Eve, right after leaving the sea, we got into a physical fight on the beach. I threw a champagne glass at her, she slapped me, and then disappeared. What should have been a celebration became a nightmare.

After years of living like that, I was invited to spend New Year's Eve at the Universal Church, and I accepted. As soon as I arrived, I knew that night would be different. I did not feel the heavy burden I used to carry. That night, I experienced peace, something I had never felt before, and it marked my life.

I also heard a word that stayed with me: "I am the Lord your God, and I will sustain you." After that night, God truly turned my life around. What was missing, He provided. That experience made me want to know Him more, until I received the Holy Spirit. That was when everything was complete. I realized He did not just sustain me, He filled me.

The emptiness I carried for years disappeared. The sadness, anger, and pain I had toward my mother were replaced by my greatest treasures today: peace and joy. Now, the best place to be is in the presence

Today, I look forward to New Year's Eve. I begin the year with Him, and I also have the privilege of serving Him on that night. When I serve Holy Communion at the turn of the year, I stop and think about where I was before. I used to be at the sea, serving entities, and I had nothing. Today, I serve a living God who has given me everything.

If you are watching and have been doing the same things I used to do, hoping they will help, do what I did. Give God a chance to speak to you at the turn of the year. Spend New Year's Eve at the Universal Church. I challenge you to take part in the New Year's Eve Vigil. If nothing changes, you do not have to come back. But I am sure it will. Just as God changed my life, He will change yours too.









# PG: MOMENTS &

### POSITIVE CHANGES

Before YPG, my life was centered on partying, drinking, smoking, and seeking attention, which left me empty and restless. After joining YPG, I stopped those habits and experienced real peace, even sleeping peacefully after my first Friday prayer. I got baptized, gave my life to Jesus, and found a spiritual family that truly accepts me.

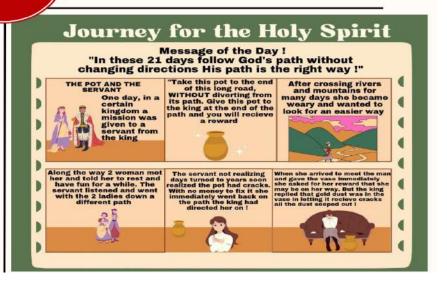
-Samai Laramore

### WHAT WE'VE BEEN UP TO?

YPG Georgia visited local schools to encourage students by sharing the George Müller book and a powerful message of faith. Youths were reminded that through faith in the Lord Jesus, they can overcome any situation.

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middle spre **COVER STORY** 

While the world faces increasing tensions, nations prepare for conflict, and fear spreads, let us follow the example of the Lord Jesus: in times of pressure, He prayed even more fervently.

This December 31st will be special. The New Year's Eve Vigil will be entirely dedicated to the Power of Prayer. It is a time to entrust 2026 to God's care, confess our dependence on Him, and seek peace for our souls.

Why participate in the New Year's Eve Vigil in the Power of Prayer?

"We will ring in the new year in a spirit of prayer. We will cry out to God so that He may prepare us for what is to come in 2026, 2027, and beyond. There is no other way but prayer. And it will be very special! For the first time, at the turn of the year, it will be a 'prayerful turning of the year.' Those of you who want to spend the year in prayer, talking with God and hearing His voice, prepare yourselves: plan to be here with us."

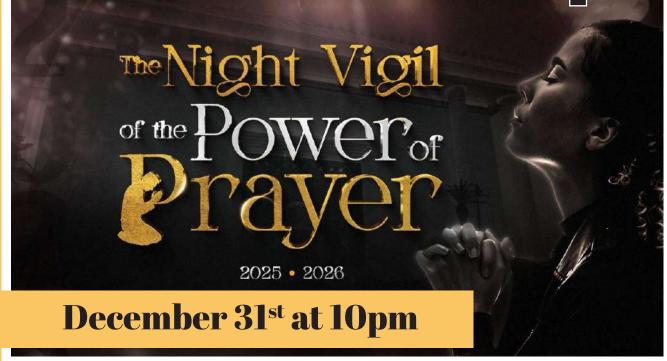
Turning the year with God: presenting to Him our lives, projects, and dreams. It is time to present:

- Everything you experienced in 2025
- Every concern you want to leave behind
- the requests purposes you want to see fulfilled in 2026

For only God has the power to renew strength, heal the heart, and transform lives.

"If my people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." (2 Chronicles 7:14)

See the back page for locations.



# "I felt rejected, and that generated resentment in me."



n his adolescence, Alessandro chose to follow his own path ▲ and became involved with bad company, which led him into the world of addiction. "I started using drugs at 14, and every day I got worse: I dropped out of school and plunged into crime. Of ten children, I was the only one to follow the wrong path. I was considered the black sheep of the family. I felt rejected, and that generated resentment in me," he says.

Because he was involved with drugs and crime, Alessandro caused problems for many people, which led to fights among his family members. "To solve the problem, they asked for help from a neighbor who was a police officer, and he would arrest me so I would calm down. I was arrested several times, and that made me very angry because

him, I felt the taste of blood in my mouth from so much hatred," he recounts.

All these accumulated feelings also affected his relationships with others. "I entered into a relationship, had a daughter, and there was a betrayal. She decided to leave home with another person and left me with the child. I was in a desperate situation because I didn't know what to do. This new rejection generated

I went to the New Year's Eve Vigil, and during the meeting, a prayer focused on forgiveness was offered."

enormous hatred in me," he states.

Alessandro tried to solve the problems with his own strength, which brought further struggles, including depression: "I was isolated for about three months. I lived in the dark and didn't talk to anyone. I had an

I was beaten. Every time I saw immense emptiness inside me that prevented me from working and living. I only had thoughts of death," he declares.

> While planning his revenge, he received an invitation to visit the Universal Church. "On that same day, I went and freed myself from 22 years of addiction. After three months of attending the meetings, I went to the New Year's Eve Vigil, and during the meeting, a prayer focused on forgiveness was offered. I went to the altar and surrendered everything I felt to Him. On the same day, I met the police officer who had arrested me several times. I hugged him and asked for his forgiveness," he comments.

As time went on, challenges arose, but he was free to face them and could count on God's support. "I got married again, I have a blessed family in God's presence, and I can say that it is very worthwhile to forgive. I have become a living testimony among those who knew me, and today I show everyone what God has done in my life," he concludes.



# "I traded the blessing of the Altar for drug trafficking."

ugo served as a pastor for ten years, but in 2017, pride overwhelmed him, and his communion with God ceased.

### From the altar to drug trafficker

Hugo committed adultery and, as a result, was removed from the ecclesiastical body of the church. He recounts how he reacted: "I didn't accept help and abandoned God, my

ex-wife, my daughter, and went on with my life. Then, I traded the blessing of the Altar for drug trafficking."

The path from the Altar to crime took only three months. "I started stealing, and since the first few times were successful, I continued. Then, I got into drug trafficking and transported drugs from one city to another," he explains. During this period, he began a relationship with Mariana, who was also involved in crime. Soon, they moved in together.

In the cell, I prayed, I asked for mercy, and at that moment, God answered me."

### A horror movie

In October 2018, Hugo was transporting start of the year, I received the Spirit of God." drugs when police officers were already waiting to arrest him. He recalls: "My reaction was to run away, and then I got into a physical fight, but I couldn't escape. I was caught red-handed with 35 pounds of marijuana."

### Fear and regret

Behind bars, Hugo was overwhelmed by pain and fear. "I realized the disappointment I had caused my mother. I, who had once taught people about God, was now imprisoned for putting lives at risk," he says. An unexpected refuge

During a visit, Hugo received prayer from his mother, which gave him the strength to turn back to God. "In the cell, I prayed, I asked for mercy, and at that moment, God answered me. Through a crack in the windows, I looked at the sky and asked for help. Listening to Universal Church programs on the radio, my soul was warmed in that cold cell," he recalls.

### Finally, freedom

In January 2019, at a hearing, Hugo obtained his freedom.

His first action upon leaving prison was to go to the Altar, from where he has never left since. "For the change to happen, I left behind the Hugo I was and committed to my marriage before God," he says.

Hugo and Mariana dedicated the following years to rebuilding their lives under God's guidance. Hugo recalls the most important moment of his life: "At the New Year's Eve Vigil, seconds before the

Today, Hugo and Mariana are entrepreneurs he works in upholstery, and she in aesthetics. "Although I didn't deserve it, God restored everything, gave me a marriage, a real family, and a blessed home. Today I don't have the title of pastor, but I have happiness for being a man full of the Holy Spirit," he concludes.

# **MAKE A**

**Universal Church** 



# **IT WORKS!**

A Chain of Prayer is when you attend a prayer meeting for a certain number of weeks without interruption in order to see a breakthrough in your life. Whether it is healing, a financial breakthrough or spiritual deliverance that you need, a Chain of Prayer helps you develop the faith and determination to overcome.

Monday - Strong Nation 7am, 10am, 4pm & 7pm



Learn the secrets to overcome financially. Receive direction to grow and become a successful person.



Tuesday - Prayer for healing 7am, 10am, 4pm & 7pm

Receive prayers for your physical, mental and spiritual well-being.

Wednesday - Night of Salvation 7am, 10am, 4pm & 7pm



A meeting will be held for those who want to invest in a genuine relationship with God.



Thursday - Family & Love Therapy 7am, 10am, 4pm & 7pm

The goal of the family meeting is to bring families together. No family is perfect, but they can be free from any hate, separation and other underlying issues.

Friday - Deliverance 7am, 10am, 4pm & 7pm



There is a root to every problem. No issue can be dealt with permanently without removing its root. Every Friday, strong prayers is provided for anyone who is facing a problem that is influenced by negativity.



Saturday - Impossible Cases 8am & 12pm

Have you ever looked at a problem or situation and thought, 'this is impossible, there is no solution to this?' If you want to see the 'impossible become possible', join us every Saturday.

Sunday - Gathering of Faith & Miracles 7am, 10am, 3pm & 6pm



These meetings aim to help people connect with God, to empower people and teach them how to use their faith to achieve what they want in their lives.



"¿Hablas español? En la aplicación de Pando puedes encontrar segmentos de la UBB ¡también en español!"

# Protect your mind!



efore anything else, let me draw your attention to something truly important. Out of everything you may have possessions, memories, knowledge, friendships there is one treasure that must be protected above all else: your mind, what the book of Proverbs calls the heart.

We live in an age of constant information, and because of that, protecting the mind has become one of the greatest challenges we face. Above everything else you guard, your mind must come first, because it is from there that the springs of life flow.

In the book of Proverbs, chapter 4, starting in verse 20, God speaks like a loving Father: "Pay attention to My words Do not let them out of your sight; keep them within your heart." In other words, God calls us to think, reflect, and reason.

He shows us that His Word should be the first information we take in each day not the news, not social media, not phone notifications but the Bible. Begin your day by placing God's Word before your eyes. When the Bible is your focus, you gain direction, clarity, and strength to face any battle, even the ones behind bars.

I learned this, I practice it, and I teach it because it works. Those who do it come back saying, "It changed my life." In Proverbs, the word heart often means the mind, the center of human understanding and decision making. That is why Scripture

says: "Above all else, guard your heart." Proverbs We 4:23. surrounded by voices music, conversations, messages that influence our thoughts, when we do not

realize it. That is why so many people lose their peace, their health, their faith, and even their families: they allowed harmful things to enter their minds.

You lock your car. You protect your home. You pay for insurance. But many people fail to protect what matters most. Some words stay with us forever. Some thoughts make us sick inside. Some ideas leave us stuck and hopeless.

The Bible teaches that God's words bring life and healing, while harmful words bring death. Guarding your mind is not optional. It is a matter of spiritual survival.

On December 10th, we started the last 21 days of the year with the Daniel Fast, a fast from useless and harmful information. Maybe you were invited to join this fast by the UBB volunteers but have not taken it seriously until now.

This fast is not about food. It is about stopping the intake of things that do not build you up spiritually and focusing on what truly strengthens you: the Word of God.

I challenge you to take part in what is left of the Daniel Fast, a mental and spiritual detox, so that this end of the year is not just a change on the calendar, but a true change of mind. You are invited, no matter your religion.

This is about self-care, inner healing, and protecting what no one can take from you: your mind.



My life was once consumed by addiction and destruction. I began drinking alcohol at just eleven years old, and that opened the door to drugs such as

marijuana, cocaine, and eventually crack.

My addiction became so severe that I experienced hallucinations and even resorted to inhaling diesel fuel just to feel a high. While working as a truck driver, other drivers and I mixed drugs and substances to endure the pressure of the job.

Because of this, I lost many jobs, overturned trucks, and completely

88

I share my testimony

so that those trapped

in addiction can find

hope. I believe God

saved me so I could

help save others, and

my life stands as proof

destroyed health. My body deteriorated from constant substance abuse. I became swollen, developed a serious heart condition, and was told I had only four months to live.

At my lowest point, I was arrested for drunk driving after testing four over times the legal alcohol limit.

case national news, and I was labeled "the drunkest driver in the country." Even after returning to live with my mother, 1 my addiction



# I was labeled "the drunkest driver in the country."

only worsened.

Istole from her to support my habit and spiraled deeper into despair.

Everything changed after I suffered a heart attack. In that moment, I experienced something I know was real, not a dream, and I cried out to God, begging Him for one more chance at life.

When I woke up, I humbled myself, apologized to my mother, and made the decision to go to church immediately. On December 29, 2019, I surrendered my life to God at the altar, not knowing that my mother and brother had been praying and fasting for me in a campaign of faith.

From that day on, my life was transformed. Through fasting, prayer, and faith, I received strength I

could never find on my own. I delivered from addiction, met my wife in church, and began a completely new life.

Today, I no longer drive trucks. Instead, my wife and I own a coffee shop and a restaurant, we have purchased a home, and we are building a future together.











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# Micronesian community in action

# **Holiday Season, Helping Season**

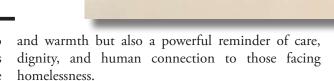
his Thanksgiving, Unisocial stepped forward to make a meaningful difference in communities across the United States. Through the dedication of its volunteers, the initiative reached hundreds of people, providing practical assistance and heartfelt support during a time of year when needs are often greatest.

In states including Iowa, Missouri, Colorado, and Washington, volunteers braved cold winter nights to serve individuals living on the streets. They distributed



hot soup, snacks, water, and warm meals, along with blankets to protect against freezing temperatures. These efforts offered not only physical nourishment





Unisocial's work goes far beyond seasonal food or clothing drives. The organization remains active throughout the year, offering ongoing assistance, community support, and faith-based outreach to individuals and families in need across the country.

Its mission is inspired by the teachings of Jesus Christ: "I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was sick and you visited Me." (Matthew 25:35-36)



As the holiday season continues, Micronesian volunteers, working alongside Unisocial, remain



"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me! Matthew 25:40

committed to serving others. Together, they are spreading help, compassion, and hope—not just within their own communities, but across America.



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FIGHTING THE UNSEEN ENEMY 2pm with Bishop David

AT THE EDGE OF DEATH
4pm

PROMISED LAND | 5PM

KINGS THE SERIES | 7PM

**JESUS THE SERIES | 9pm** 

**BOOST OF FAITH | 10pm** 









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11 UNISOCIAL



# Newark, New Jersey

n December 20, the Caleb Group from Newark, New Jersey, paid a heartfelt visit to Complete Care Nursing Home in Orange, New Jersey, bringing encouragement, fellowship, and joy to both residents and staff.

The gathering opened with a prayer led by Pastor William, followed by uplifting songs of praise that engaged residents and caregivers in worship. During the visit, blessed water and the church's latest news article were distributed. The Caleb initiative, Beauty Has No Age, was also highlighted.

# *Unisocial at Complete Care Nursing Home - Orange, NJ*



Volunteers generously donated gift bags to the residents. Each bag included church books, blankets, body wash, deodorant, winter hats, scarves, and socks. These thoughtful items were chosen to provide both comfort and care.

After the prayer service, four residents made the meaningful decision to be baptized. Pastor William also offered a special prayer of blessing for the nursing home staff,

recognizing their dedication and daily service.

The visit ended with a joyful holiday pizza celebration shared by residents and staff, adding warmth and cheer to the day.

Overall, it was a truly blessed and memorable event that left a lasting impression on everyone involved.













# Unisocial reaches out to the community in Detroit, Michigan

n Detroit, Michigan, the Unisocial carried out a special outreach expressing love, care, and solidarity with the local community. In celebration of Thanksgiving, a dinner was hosted at the Universal Church, offering a welcoming and dignified environment for all in attendance.

During the event, more than 150 individuals were served. Families and community members received a complete Thanksgiving meal, grocery bags, and clothing, helping to meet essential needs

during this meaningful season. Beyond the material support, attendees were also uplifted by the Word of God, which brought hope, comfort, and encouragement to many hearts.











This initiative reflects Unisocial's continued commitment to serving the community by extending a helping hand to those in need and sharing not only food and clothing, but also faith, compassion, and the message of God's love. Through efforts like this, Unisocial continues to make a positive impact, reinforcing the values of unity, service, and care for one another.











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