

**Sunday** 10 AM

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Youth **Power** Group







What's happening at

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# IVERS/L EWS



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**Everything** begins on the altar!

she wanted to die.

Andrea



#### **OPINIONS**

#### IN THIS EDITION

#### The weight of the world

There are moments in life when challenges pile up and it feels like no matter how much effort we make or how many doors we knock on, nothing works. In times like these, we are reminded that human abilities and resources have limits. But the power of God has no limits. Sadly, many people do not realize this.

How many walk around feeling as if the weight of the world is on their shoulders, burdened by family problems, health concerns, financial struggles, relationship issues, and worries that never seem to end? Instead of finding relief, they feel the weight grow heavier over time, pressing down on shoulders that are already tired.

But there is hope. Jesus said: "Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." (Matthew 11:29-30).

A yoke is a wooden frame placed on the neck of an animal to help it carry a load. Spiritually speaking, many of us carry heavy yokes. But when we turn to God, choose to follow Him, and trust His guidance, He lifts our burdens and gives true rest to our souls. Life will still bring challenges, but with Him by our side, our load becomes lighter, and His presence brings peace and strength.

The good news is that you too can experience this relief if you seek Him. That is why here at The Universal Church we invite everyone, by faith, to exchange the weight of their burdens for the peace that only God can give at the Altar. If you have been feeling weary, discouraged, or ready to give up, now is the time to act. Trade the burdens you are carrying for the peace God offers. Life does not have to feel heavy. There is a fresh start waiting for you if you are willing to trust Him.

#### BEATING DEPRESSION

Depression is more than just feeling sad. It is a deep, overwhelming sorrow that weighs down the soul. It brings hopelessness, drains motivation, and makes even the simplest tasks feel impossible. In severe cases, it can even take away a person's will to live. Depression is not only a state of mind, it is a sickness of the soul. But what can heal the soul? Only the Savior, the Lord Jesus, has the power to restore a troubled heart.

Every Sunday, The Universal Church opens its doors to those who are battling depression. If you need support, we invite you to visit a nearby branch. Join a Chain of Prayer, a seven-week commitment where you will receive spiritual strength through powerful prayers, practical guidance, and one-on-one counseling.

You are not alone in this fight. Thousands of people around the world have found hope and transformation through faith, proving that a Chain of Prayer can truly make a difference. You can be the next success story. You can overcome depression.





time they hoped for.

#### **Bishop Edir Macedo**

#### **Everything begins on the Altar!**



ost people who come to us are carrying heavy burdens and problems that have caused them to suffer and cry for years. When they 25:3–11). arrive at church, they believe all their suffering is caused by these problems, so they begin fighting to solve them. They start chains of prayer, they fast, they participate in purposes, and they do "everything." But often they grow discouraged, because the results they another chance. see are small and not what they expected within the

They begin to ask: What am I doing wrong? Why doesn't God answer me? The truth is simple: their greatest problem is not the one they are facing, but their relationship with God. Their Altar is in ruins. And if their relationship with God is not restored, they will not find a solution to their marital struggles, their children's issues, their financial difficulties, or any other problem.

From the beginning, being separated from God has been the greatest cause of human suffering. Yet many are so blinded by their afflictions that they cannot see they are lost.

For more than 23 years, God warned Israel through the prophet Jeremiah that their sins would lead to destruction. But the people refused to listen. As a result, they lost everything: their freedom, dignity, peace, and worst of all, the Temple was destroyed. Jerusalem

How can you have a relationship with God when your Altar is in ruins?

was left in ruins, and the people were taken into captivity, where they suffered for seventy years (Jeremiah

But in His mercy, God raised up King Cyrus, who set Israel free and allowed them to return to Jerusalem to rebuild the city and the Temple. God gave them

When they returned, the people realized their greatest problem was not their ruined city, but their distance from the Almighty. They understood there was no point in rebuilding houses, walls, and streets if they did not first restore their relationship with God. So they did not waste any time. As Ezra 3:1-6 tells us, the first thing they did was rebuild the Altar. Why? Because without the Altar, they could not communicate with God. There was no Temple yet, but the Altar was restored. This teaches us an important truth: change does not begin when you start going to church. It begins on the Altar.

If you want to see your life truly change, you cannot waste any more time. Start with your Altar, meaning your relationship with God. If it is broken, your life will remain in ruins.

How is your Altar today? Is it restored, or is it in ruins? Your life gives the answer. May God give us light to understand this truth.



Carlos was given up on by doctors. They even told him to gather his children to say their goodbyes because it would be the last Father's Day they would have with him. But through faith, he found heal-

to feel a strong me home. The pain didn't stop, so until the day I died," he recalls. I went back again and again; it was

#### More than 300 tests, but no diagnosis

I had to be admitted."

Day by day, his health declined. He struggled to breathe, could barely move, and his heart was at risk. Despite multiple medica-At that time, Carlos was already attending the Universal Church, where he had witnessed God's power. Together with his wife, he chose to hold on to faith.

formed, but no diagnosis was began to change. Carlos's blood made. A team of over 20 doctors pressure stabilized, the swelling "One day, while at work, I began was racing against time, unsure of in his stomach went down, and pain in my abdo- what was happening and fearing I men. At first, I didn't think much could die at any moment. As my after, he made a full recovery. Toof it, but the pain grew unbear- stomach continued to grow, they able. I decided to go to the hospidecided to drain it. Two doctors tal, where they ran some tests but even told me I would need to have found nothing wrong, so they sent the water drained every 15 days

a total of four visits. By the fourth But Carlos and his wife refused to time, I couldn't even stand. My accept defeat. "There came a day stomach had started to swell as if when the doctors called our chilit were filled with water. That day, dren to a meeting. They said this

would be their last Father's Day with him and that he had about one week left. His blood pressure was unstable, and they said there was nothing more they could do. But I didn't let their words shake tions, there was no improvement. my faith. I turned to God, joining the chain of prayer for healing on Tuesdays and for the family on Thursdays. I prayed and took part in campaigns of faith on behalf of my husband," his wife said.

"More than 300 tests were per- Through their faith, everything day, Carlos is healed; he is a living proof of what God can do when human strength fails.

**Before** 





# Use your faith and see God's Power this Sunday



## A simple surgery turned into a near-death experience.

What was meant to be routine resulted in pancreatitis, hemorrhage, and a worrying prognosis from the doctor.

Fernando spent 15 days in the ICU on morphine, battling severe complications. For seven months, he was unable to walk. Still, Isabel stood firm in prayer and trust.

Then the miracle happened. Fernando fully recovered. Today, at 54 years old, he is healthy, free of pain, and without any lasting effects.



## RECEIVE THE HEALING WATERS THIS SUNDAY

at your nearest Universal Church



## "I injured my left ankle"

My ankle was swollen and extremely painful, so I went to the doctor. After taking X-rays, the image came out very cloudy. You couldn't see the bone clearly, and it showed three fractures.

The doctor looked concerned and couldn't say when I would fully recover. I was worried too, especially because I needed to work. I came to church and used the blessed water there and at home. The pastor also prayed for me.

When I returned to the doctor for another X-ray, the image was completely clear. The bone looked strong and bright, and there was no sign of any fractures. It was truly a miracle. The doctor was amazed, and I was overjoyed.

— Shandra





#### "I had high blood pressure and diabetes"

My blood pressure used to be very high, and I was often very sick. I felt nauseous, weak, and had no strength in my body. Many times, I felt helpless. At work, I couldn't even perform my tasks, and once my boss had to call my daughter to pick me up because I couldn't continue. I used to take three pills for high blood pressure and three for diabetes every day.

But I began using the blessed water daily, praying in the name of the Father, the Son, and the Holy Spirit.

The last results from the doctor showed that my blood pressure is now 109/57. Today, I can work normally and live without any issues.

- Ms. Andrea



#### Why me?



o one on earth is exempt from problems. Even newborn babies sometimes enter this life in discomfort. No matter your social status, income, class, or creed, problems will come in some shape or form. How do you react when they arrive? It's easy to become a victim and ask, "Why me?" or "What have I done to deserve this?"

Problems don't pick and choose who they affect, but we can choose how we respond to them. You can choose to be a victim, or you can choose to see each problem as a testimony in the making. For those who live by faith, it will always be the latter. The Lord Jesus prepared us for everything we could face when He said:

"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world." — John 16:33

Look to Jesus, and instead of asking, "Why?" we should ask, "When will my testimony come?" Keep your eyes on Him,

# Problems don't pick and choose who they affect, but we can choose how we respond to them

and do not allow outward problems to destroy the inner peace that comes through the Lord

May the God of the Bible bless you!

# 

#### "Her strongest battle, her greatest victory"

Born in the country-side, Janaina Rodrigues knew hardship from an early age. At just 9 years old, she packed her bags and moved alone to her grandparents' home so she could continue her studies. Though her parents only wanted the best for her, their absence weighed heavily. "I felt it was a great injustice," she recalls. Still, the family would reunite on weekends, moments that helped soften the void.

At 13, her life began to take a new direction. Accompanying her aunt and cousins to the



Universal Church, she discovered a faith that would reshape her future. "I didn't have difficulty surrendering to God, because I didn't know the world yet," she says. At 15, she was baptized, dedicating herself fully—body, soul, and spirit—to the Lord Jesus. A year later, she received what she describes as the greatest gift: the Holy Spirit.

Her faith was soon tested. As she entered her teenage years, her parents urged her to return to the countryside, a move that would mean leaving the church that had become her spiritual home. Janaina stood firm. "I prayed, asking God for help. Thanks to Him, the situation changed. My parents accepted it, and I kept moving forward, believing in His promises. I never looked back."

But while her spiritual journey flourished, her love life became her greatest struggle. Relationships came and went, leaving her with doubts and whispers of discouragement. "Sometimes I thought, 'Give up—you've never succeeded in

this area.' But I stayed firm, making my chain of prayers for my love life and believing God would honor me. I knew the One who promised was faithful."

Her perseverance was rewarded when she met Agamenon Pontes through friends at church. Their faith brought them together, and soon after, they married. "It was the happiest time of my life," she says. But joy was quickly overshadowed by devastating

While preparing for their church blessing, Janaina discovered a lump in her breast. The diagnosis was advanced breast cancer. Doctors told her

that chemotherapy was her only option—and even that offered no guarantees.

The shock could have broken her, but Janaina chose a different response. "I told God, 'Lord, I won't look at the disease or the doctors' words. I'll look only to You. I know You already carried every sickness and disease, and by faith, I am healed."

Alongside medical treatment, she turned to her faith with unwavering determination. Every Sunday, she brought two bottles of water to be prayed over at the Faith and Miracles service. Each day she drank from one and used the other to wash the affected area, declaring her healing.

Her husband never left her side. "He took me to the hospital, supported me, gave me strength," she shares with gratitude. "It was a tough battle, but we overcame it together—for the honor and glory of the Lord Jesus."

Today, Janaina's story is one of victory. Her medical tests show no sign of cancer. "I was blessed in my love life, and the Lord restored my health. I am healed," she says with conviction. "This journey strengthened my faith and taught me the value of perseverance combined with trust in God. That's what kept me from giving up—not even once."

Janaina Rodrigues

#### What's happening at the Universal Church

#### Micronesian community in Washington State

This past Sunday in Washington State, we held the Sunday of Peace, a special day of prayer for those in need of inner healing. People who were suicidal, depressed, or lonely found joy and comfort from God.



We also hosted a Back-to-School blessing for all children and teens as they prepare for the new school year. Considering everything that has happened in schools over the past few years, we prayed not only for their academics but also for their protection. Every student and teacher was anointed, asking God to guide and keep them safe throughout this school year.





Our church also has an outreach group called Soul Winners. This group goes into the streets to share God's Word and pray for those facing struggles.







We visit hospitals as well, praying and declaring healing over patients. Where medicine cannot cure, we believe that through faith, God can heal and restore.



In Washington, we also hold baptisms in water for those who want to give their lives to God and start fresh. It is a powerful moment when someone chooses to leave behind their old life and begin a new life with Jesus Christ.



#### After I went to the Altar, my daughter was cured



Thais always dreamed of becoming a mother. When she learned she was expecting, she was ecstatic. Together with her husband, she carefully prepared for their daughter Donatella's arrival. They thought of every detail: buying clothes, preparing a room, and gathering toys; everything a newborn deserves. But after turning six months old, Donatella began to face serious health problems.

"She was a very healthy baby when she was born. We would take her for checkups with her pediatrician, and the doctors always said everything was fine. However, the day after she turned six months old, she had her first seizure. She started convulsing just 40 minutes after falling asleep."

Desperate, her parents rushed her to the hospital. This was only the beginning of their struggle.

"After examining her, the doctors gave us a strange look and started taking notes, but they couldn't figure out what was wrong. She had to be admitted to the ICU, and during that time she suffered several more seizures. The doctors put her on two different respiratory systems to help her breathe; one was an incubator and the other was a ventilator. They did everything they could to help and tried to discover the cause of her illness."

At that moment, Thais received a call from her uncle, a pastor at the Universal Church.

"When he heard what had happened, he immediately called me. Even though he couldn't come due to the distance, he would check on us and pray over the phone. He asked me to place one hand on her as we prayed together. But while we were praying, she convulsed again. I was shocked, because I expected her to improve. When I told him what was happening, he said right away that her illness was spiritual. At that moment, I understood that I had to fight spiritually for her healing."

The doctors had little hope. "The only outcome they gave us was that she would be bedridden. Despite all the medicine and everything they tried, she was not improving. That's when we decided to use our faith. We had heard many testimonies of people who went to the Altar of God and were healed. We had witnessed His power in our own lives, and so we decided to go to the Altar to present our daughter's case to God," Thais explained.

Their sacrifice of faith proved worthwhile. Donatella made a complete turnaround and was healed. Today, she is a healthy and happy child.

"When I completed my challenge with God on the Altar, my daughter had another seizure. It was the worst one, but it was also the last one. Her health changed completely from that moment. God answered immediately, and my daughter was cured. When we put God first and trust in Him completely, we are never disappointed," James shared.











#### THOSE WHO ARE SAVED, HELP SAVE OTHERS







#### ON A MISSION TO FIND THE LOST SOUL

At YPG Archangel, we are more than just a group. We are a movement fueled by faith, compassion, and purpose. Our mission is simple but powerful: to help those in need and reach out to the lost. Whether it means offering a listening ear, a word of encouragement, or a helping hand, YPG Archangel is committed to lifting others up and reminding them that they are not alone.

We do not wait for the lost to come to us—we go to them. Because we believe everyone deserves a chance to be found.

Want to get involved or need someone to talk to? Call us at **1-888-332-4141.** We are here for you and would love to hear from you!



#### A NEW ME



My name is Aylasia.

When I first came to YPG and the church, I was struggling with depression, suicidal thoughts, and low self-esteem from past trauma. From the very first day, I was welcomed with open arms. That made me feel seen and less alone, something I had not experienced in a long time.

What really stood out to me was the message not to let others influence your choices. As youth, it is easy to give in to pressure to party or drink, but we cannot let that pull us away from God. Today,

I can honestly say I am happy. Before, my happiness was only temporary, and I would always fall back into depression. Now, I have people I can relate to and talk to.

You are never too young to give your life to God. Do not wait. Investing in Him is investing in your future.



middle spre **COVER STORY** 

Adversity is part of human existence, and the Bible—with all its wisdom and honesty—never hides this truth. On the contrary, it prepares us for struggles. The Lord Jesus Himself said: "...in the world you will have tribulation..." (John 16:33). Affliction is certain, but it is also true that God is always ready to help us overcome it. In Isaiah 43:2 we read: "When you pass through the waters, I will be with you; and through the rivers, they will not overflow you. When you walk through the fire, you will not be burned, nor will the flame scorch you."

The Word of God never promised a life without difficulties, but it does promise strength to those who believe in Him.

No one can choose when or what kind of difficulties they will face, but each person is responsible for how they react. Our reaction to the obstacle determines whether we will rise above it or be crushed by it. Some grow when faced with pain; others are paralyzed. David, for example, saw an opportunity where everyone else saw only a threat. He chose to react with faith (1 Samuel 17) and triumphed. Paul, even while imprisoned, sang hymns and encouraged the other inmates (Acts 16), proving that no prison walls could contain his trust in God.

Both men overcame through the strength that came directly from God by the use of faith. Problems that seemed impossible to defeat became victories because of their reaction. This shows that overcoming adversity is not always about the size of the problem, but about how we choose to respond. It is in this response that faith stops being just words and becomes a lived reality. After all, "faith, if it does not have works, is dead in itself" (James 2:17).

#### Is it possible to react differently?

Yes. There is a difference between acknowledging the seriousness of a problem and magnifying it to the point that it overshadows faith. Problems may knock at the door, but it is our response that decides whether they enter-and what happens next. In times of uncertainty, when everything seems upside down, we must remember the promise: "...all things work together for good to those who love God" (Romans 8:28). In other words, even in the middle of chaos, there are hidden blessings waiting to be revealed.

Hebrews 10:32 reminds us to look back: "... after you were enlightened, you endured a great fight of afflictions." The same God who sustained you in yesterday's trials is the God who wants to sustain you today. All you have to do is turn to Him.

Look for the Universal Church near you and begin using your faith through the Chain of Prayer. God will show you the way out of your problems. Check the back page for the location nearest you.





#### They kept her on life support for three days.

n early 2024, my daughter, Heislaine, discovered she was \_\_ pregnant for the first time. She was overjoyed—becoming a mother had always been her dream. She carefully prepared everything: baby clothes, toys, and a beautiful room for her child.

In October, her water broke, and she arrived at the hospital already six centimeters dilated. The baby's heartbeat was normal, and her contractions were increasing. But instead of allowing her to give birth naturally, the staff told her to hold the contractions because she was going to be transferred. Before the transfer, labor began. The professionals made a deep incision to deliver the baby and gravely injured both mother survive.

#### A scene of horror

After giving birth, Heislaine began to bleed heavily and arrived at the hospital nearly lifeless. She suffered a cardiac arrest, received shocks, adrenaline, and was placed on machines—just like in a scene from a movie. She was rushed in a mobile ICU to a larger hospital, but on the way suffered another cardiac arrest. When she arrived, the doctors discovered that during delivery her uterus had been punctured. The bleeding was caused by placenta remains and tissue left inside her.



#### The breaking point

After leaving the ICU and being taken to the ward, Heislaine saw a father holding his newborn baby. She remembered her son and suffered a psychotic breakdown. and child. My grandson did not I was overwhelmed with voices telling me to report the doctors, sue the hospital, and take revenge. The pain of burying my grandson and seeing my daughter like that was unbearable. But in that moment, standing in a filthy hospital bathroom, I spoke to God. I poured out my heart, and He gave me peace and strength. Right then, I chose to forgive

the professionals. Soon after, by God's mercy, Heislaine came back to her senses.

#### Between life and death

But the suffering wasn't over. Heislaine woke up in terrible pain. Tests revealed internal bleeding and a pelvic infection. The doctors performed emergency surgery to remove her uterus. After the procedure, she never woke up. They said they had done everything, but nothing more could be done. She was kept on life support for three days.

I stood firm in faith. I declared that if it were God's will, she would live. Lazarus had been dead for four days, and the Lord raised him. Why couldn't He raise my daughter? Even when there were no signs, I kept saying, "Everything will be okay." I believe in the God who calls into existence things that do not exist.

#### The breath of life

I have been at the Universal Church for 27 years, and the Holy Spirit is my greatest treasure. In that hospital room, I anointed my hands, touched my daughter, and thanked God. Suddenly, His power came down. I heard her breathe. It was the Lord giving her the breath of life. That moment I will never forget.

I know everything that happened was for one purpose—that the name of the Lord Jesus would be glorified. I never complained or questioned God. Instead, I clung to His Word. These trials did not weaken my faith; they only made it stronger. I know my grandson



is in a better place, in the loving arms of the Lord Jesus.

#### Heislaine's Testimony

"I know that God fulfilled my dream of becoming a mother. He gave me a little angel. I carry no sadness because I know that all

things work together for the good of those who love Him. Today, I may not hold a child in my arms, but through my testimony I bring forth spiritual children for the Kingdom of Heaven. God has filled the emptiness of my loss, and my faith has only grown stronger."

#### She planned to take her own life on three occasions.



or many years Andrea Mendes believed **≺** she would never have a happy future. She was raised in a troubled home. Her father drank heavily, and her mother carried deep bitterness from an affair in her first marriage. Arguments, insecurity, and a lack of affection were part of everyday life.

"My mother projected all her pain onto us, her daughters. She did not want us to depend on men because she no longer believed in love. So I grew up thinking I would not be happy either," Andrea remembers.

Over time the turmoil and lack of hope took their toll. "I was a sad girl, even though I looked happy on the outside. I saw no point in living." She says she

poison. I climbed an overpass. But I thought, 'What if I do not die and only cause my family more pain?"

figured I would not study, I would not get a good job, and I would never have a happy marriage."

It was then that Andrea saw a Universal Church program on TV about family restoration. "At the end of the program there was a prayer with a glass of water. I started joining in every day, and even before I understood it, I felt different." A short time later she made a vow to God: if she finished a course, she would go to a church to give thanks.

She completed the course, and one Wednesday she walked into the Universal Church during a Lord's Supper service. "The pastor spoke about the Holy Spirit. I did not know what it was, but something touched me."

something

forgiveness.

Andrea realized there was

her that needed healing:

resentment toward my sister

and my sister-in-law. I had

sworn I would never forgive

them, but I learned that if I

wanted the Holy Spirit, I had

to let go." She did just that,

and received what she calls

the greatest gift of her life: the

Holy Spirit. "I received peace

deeper

inside

carried

"I bought poison. I climbed an overpass. But I thought, 'What if I do not die and only cause my family more pain?"

and joy. I became a different person." Today she is married and planned to end her life three times. "I bought fulfilled. "My marriage is blessed. My husband now owns a restaurant, we have plans together, and there is peace in our home. Above all, I have God inside me."

On top of that, her father's addiction drained She finishes with conviction: "I could lose the family finances. "We lived in poverty. I everything, even the marriage I dreamed of, but I cannot lose the Holy Spirit. He sustains me, guides me, and gives me wisdom. It is priceless."

**MAKE A** 



#### **IT WORKS!**

A Chain of Prayer is when you attend a prayer meeting for a certain number of weeks without interruption in order to see a breakthrough in your life. Whether it is healing, a financial breakthrough or spiritual deliverance that you need, a Chain of Prayer helps you develop the faith and determination to overcome.

Monday - Strong Nation 7am, 10am, 4pm & 7pm



Learn the secrets to overcome financially. Receive direction to grow and become a successful person.



Tuesday - Prayer for healing 7am, 10am, 4pm & 7pm

Receive prayers for your physical, mental and spiritual well-being.

Wednesday - Night of Salvation 7am, 10am, 4pm & 7pm



A meeting will be held for those who want to invest in a genuine relationship with God.



Thursday - Family & Love Therapy 7am, 10am, 4pm & 7pm

The goal of the family meeting is to bring families together. No family is perfect, but they can be free from any hate, separation and other underlying issues.

Friday - Deliverance 7am, 10am, 4pm & 7pm



There is a root to every problem. No issue can be dealt with permanently without removing its root. Every Friday, strong prayers is provided for anyone who is facing a problem that is influenced by negativity.



8am & 12pm

Have you ever looked at a problem or situation and thought, 'this is impossible, there is no solution to this?' If you want to see the 'impossible become possible', join us every Saturday.

Sunday - Gathering of Faith & Miracles 7am, 10am, 3pm & 6pm



These meetings aim to help people connect with God, to empower people and teach them how to use their faith to achieve what they want in their lives.



# UNIVERSAL BEYOND BARS YOU ARE NOT ALONE!

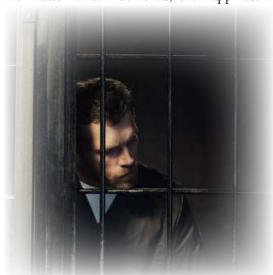
#### Searching for fulfillment in the wrong things led me behind bars

My name is Fabiano, and for as long as I can remember, all I wanted was happiness. Trying to find it at a young age, I got involved with the world. That is when I was introduced to all kinds of drugs like marijuana, acid, enhanced perfumes, and alcohol. You name it, I tried it.

Eventually, I began buying and selling steroids. At one point, I was arrested and sent to jail. It was not a long sentence, but it was enough to wake me up. I realized I needed to change before things got worse. So I decided to stop selling steroids and abusing substances.

When I got out of jail, I wanted to take my life in a different direction. I heard about real estate, and it caught my interest. I got into the field, started doing well, built a network, met other Realtors, and expanded my business.

Financially, I was stable. But deep inside, I felt a void, an emptiness I could not explain. No matter what I achieved, the happiness I



was chasing still felt out of reach. So I kept searching through material things.

Then my business took a huge hit. That loss sent me into depression. I stopped taking care of myself. I would not shower, would not leave my room, and sometimes went up to 15 days without stepping outside. I saw psychiatrists and psychologists and was prescribed antidepressants to cope.

Eventually, I tried to go back to work, hoping it would take my mind off things, but I was still doing everything on my own. Nothing moved forward. I saw no results and could not understand why. One day, while I was at

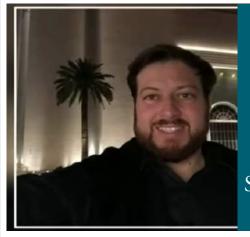


the office, I opened up to one of my workers and shared that I did not want to keep living like this. That is when I was invited to the Universal Church. I had no expectations, but I went anyway.

During the service, I felt a deep peace come over me. I realized the Universal Church is more than a place of worship, it is a school of faith. I started listening to the man of God, and more importantly, applying what he taught.

I was arrogant and proud, but through this journey, I learned that God comes first and I come second. I chose to be baptized in water and learned about the importance of receiving the Holy Spirit. I began seeking Him earnestly, and after about three months of sincere pursuit, I received Him.

What happened next was indescribable. I instantly remembered all the years I had spent trying to fill the emptiness inside me, and in that very moment, I was



Fabiano today at the Temple of Solomon.

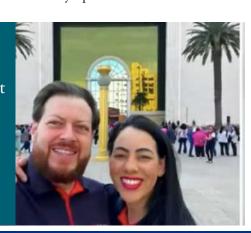
finally fulfilled.

66

That deep void was gone. Today, my business is thriving, not because of my own strength, but because God is guiding it. He also blessed me with a beautiful wife, a true woman of God who walks in His presence. Together, we serve in the church, helping others who are lost and suffering.

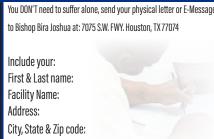
The greatest treasure I have in my life today is not money or success. It is the Holy Spirit.

Fabiano and his wife apart of our Street ministry to save souls.





"I never imagined my life would turn out like this. Well... I didn't think I would get caught. I thought I could keep doing the same wrong things, and get away with it. I'm stuck in this place, and stuck in my thoughts, I NEED help. I can't do it anymore.... I feel STUCK. Stuck in my past, stuck in my thoughts, stuck with unforgiveness and grudge.





l "Hablasespañol Penlaaplieael onde l Pandopuedes en contrar segmentos l de la UBB ptambién en español !"

#### Beware of too much

### information

Support us so we can support them!

Perhaps you ask, "How?" Well, your donation helps us support the work that the UBB does to assist those internally and externally in prison.

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knowledge. With just a few clicks or even through artificial intelligence we can learn about almost anything in seconds.

People spend hours watching podcasts, sermons, or motivational talks online. But what do we actually see happening?

Not people becoming wiser or more spiritually grounded. Instead, we see people overloaded with information, full of knowledge, but often feeling more important than they really are because of it.

Yet when it comes time to actually apply that knowledge, especially in real life struggles, many still cannot overcome their personal battles.

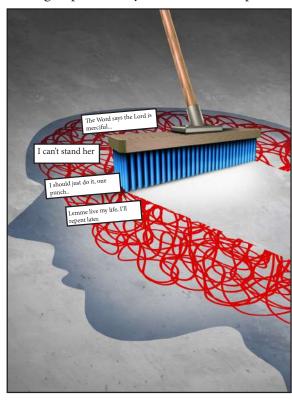
It is one thing to know what is right. It is another thing to live it out, especially behind bars, where every day brings its own challenges: anger, regret, temptation, loneliness, pride.

So here is the challenge:

From all the knowledge you have gained, whether from reading, conversations, programs, or even your own reflections, choose at least one small thing to live out today.

Just one ounce from the mountain of wisdom you have received. Maybe it is forgiveness. Maybe it is patience. Maybe it is holding your tongue when you are ready to explode.

Whatever it is, put it into action. If this message speaks to you, do not keep it to



yourself. Share it with someone who might need it too.

"Don't be
overly righteous,
neither make
yourself overly
wise. Why should
you destroy
yourself?"
Ecclesiastes 7:16



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**ULFN NEWS | 8am** 

THE AM SHOW | 10am

BREAKING THE SILENCE 1pm

FIGHTING THE UNSEEN **ENEMY 2pm** with Bishop David

AT THE EDGE OF DEATH 4pm

**TEN COMMANDMENTS | 5pm** 

**GENESIS | 7pm** 

**JESUS THE SERIES | 9pm** 

**BOOST OF FAITH | 10pm** 









living faith network











#### REAP PROSPERITY TODAY



You are great when you have God"

Luiz da usinessman mistress and left home." The shock was is not a job, a car, or romantic your life." so great that Luiz's mother thought the happiness. Sometimes worst: "She considered killing herself by source is spiritual. It is in the jumping off an overpass and taking my heart and mind, and people do sister with her." Everything changed, not however, when she came across a problem." Universal Church program on TV and decided to attend.

Luiz shares that he attended church meetings from ages ten to sixteen. He eventually stopped going but returned at twenty-two. "When I returned, I realized Law. Today, he is successful in how far I had drifted from God." At a service, the pastor called everyone who held a grudge against someone to the front of the altar. "I hated my father's lover to the point of wanting her dead."

power of forgiveness. While hurt ten-month-old-but that is imprisons, forgiveness sets you free. Grudges not only prevent spiritual growth but also bring personal harm. "In My success that service, I learned to forgive her. It focusing on what matters was not about a feeling, but about a decision in my mind. I carried sixteen the Holy Spirit and then built years of hate and resentment. When I a family. I have a blessed released that weight, I realized I needed family and a woman of God by an experience with God. Within a few my side. This foundation months, I had received the Holy Spirit."

Luiz adds, "When a person is hurt and which come into my life holds onto resentment, hatred, or other through faith and purpose

recognize

Luiz worked as a doorman for fifteen years and faced many difficulties. Against all odds, he returned to school at thirty-two and graduated in every area of his life.

"People may think I am successful because I am a lawyer and have a family-my wife Fabiana and our children Many people do not understand the Rafael, who is one, and our not the case.

> comes from most. I sought to be filled by allows me to face difficulties. I can focus on other things,

Silva trapped feelings, they stop with God. We must prioritize correctly. remembers a childhood full of reasoning and fail to see the Let God be your foundation. When you disappointment. "My father had a real problem. Often, the issue do, prosperity comes to every area of



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