



It has shattered dreams and caused many people to lose their careers, money, families, and will to live. But it is possible to overcome it. Find out how. Pages 6-7



WHAT HAS DEPRESSION TAKEN FROM YOU?

There were countless suicide attempts

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Eternal Life depends on the Word that comes from God's mouth

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THE CHOOSING



Miracles Exist

"My son was in and out of the hospital"

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NOT TO BE SOLD

| IN THIS EDITION |

What has depression taken from you?

Depression affects millions of people around the world. According to the WHO, about 280 million people live with depression, making it a silent epidemic. Beyond causing deep sadness, depression has crushed many dreams and led to the loss of careers, money, families, and even the will to live.

Depression carries many dangers. It can ruin both mental and physical health. It doesn't just bring sadness; it also causes anxiety, restlessness, changes in appetite, suicidal thoughts, and even self-harm. The CDC reports that someone dies by suicide every 11 minutes because of depression.

It's important to understand that many emotional illnesses, including depression, often stem from deep, internal struggles. While medication can help manage symptoms, it doesn't offer a complete cure. That's why seeking spiritual support is also crucial for overcoming these challenges.

If you're dealing with these issues or know someone who is, and you're unsure how to find help, consider visiting a Universal Church near you and attending their Friday deliverance meetings. These meetings specifically address spiritual problems like depression. Many believe that God's guidance can help free you and your loved ones from what's been blocking your peace.

Our cover story this edition focuses on this topic. Read real-life stories of people who have overcome what's often called "the disease of the century." Enjoy these inspiring articles, and we hope you have a great read. See you next time!

| BEATING DEPRESSION |

Depression is deep sadness that affects the core of one's being. It brings a sense of hopelessness and creates a void that can drain a person's motivation to do anything. In severe cases, it can make someone lose the desire to live. Depression often feels like an illness of the soul. But who can heal the soul? Only the Savior, the Lord Jesus, has the power to heal a troubled soul.

Every Sunday, the Universal Church welcomes those seeking help to overcome depression. If you need support, visit a branch near you today. Join a Chain of Prayer by attending a prayer meeting for seven consecutive weeks. You'll receive spiritual support through powerful prayers, practical steps, and counseling.

You are not alone in this struggle. Thousands of testimonials worldwide show that a Chain of Prayer works. You can be the next success story. You, too, can overcome depression!



Call 1.888.332.4141
Text 1.888.312.4141
For more information
SEE PAGE 12 FOR LOCATIONS



Bishop Edir Macedo

Eternal Life depends on the Word that comes from God's mouth



Satan offers the kingdom of this world, but Jesus Christ offers the Kingdom of God. We all have to choose between the two. The kingdom of this world promotes lies, pretense, vanity, injustice, war, lust, and death. On the other hand, the Kingdom of God represents truth, decency, honor, and life. To reach this Kingdom, we have the Holy Spirit to guide us.

Those who are inclined towards truth love it. If someone is drawn to lies but wants to leave them behind, they will find Jesus inviting them into the Kingdom of God right away, as He is the only way in. However, if a person enjoys living recklessly, there will come a time when lies will come knocking at their door, demanding repayment and interest for their actions. Many people, faced with such consequences—even death—become desperate. Fear of death often indicates that someone is out of sync with God.

When someone is near death and isn't afraid, they face it with a smile because they know they'll be with Jesus. So, if you were to die right now, do you know where your soul would go? Think about it.

Those who live under the rule of this world already know their destination. But those



who live for the Kingdom of God can ask themselves as many times as they want because they are always confident in whom they have believed. Jesus said, "You will know the truth, and the truth will set you free" (John 8:32). He also told Satan, during His temptation, that "Man shall not live by bread alone, but by every word that comes from the mouth of God" (Matthew 4:4). Jesus lived by the Word from God's mouth, and those who live in the Kingdom of God live like Jesus.

Those who live by the Word from God walk in truth and light, and they are confident about where they will go after leaving their bodies on Earth



"Suicidal thoughts were running through my mind."

Daniela Rodriguez battled depression for years, losing the chance to be an active part of her husband's and children's lives. The anguish and sadness she felt led her to consider suicide, but everything changed when she found faith in Jesus. Here's her story:

From childhood, I struggled with depression. I was often sad, angry, and cried without

reason. As I grew older, I tried medication to fix my situation, but it didn't help. I had no desire to leave the house and would stay locked away in a dark room, haunted by suicidal thoughts.

My suffering prevented me from being present for my family. Things got worse when we went through a crisis and lost everything: our business, our home—everything seemed to fall apart. I couldn't see a way out and lost all hope.

In desperation, I sought help from witch doctors and spiritual healers, but nothing improved. One day, feeling an unbearable pain and wanting to die, I went to my mother's house. A neighbor noticed my condition and told me about

the Universal Church radio program. I decided to listen, acted on my faith by drinking from a glass of water, and immediately felt relief.

That was the breakthrough I needed. I started attending the church and participated in the Friday chain of prayers for deliverance. By acting on my faith, I overcame depression and the suicidal thoughts that plagued me. My life was restored.

I'll never forget the day I received the Holy Spirit. The peace I felt and the reassurance that God was with me, saying, 'My daughter, how good it is that you have arrived,' was transformative. Now, above all, I prioritize my salvation. Without God, I am nothing, but now I can truly say that I am happy!" - Daniela Rodriguez

HEALING WATERS



RECEIVE THE HEALING WATERS THIS SUNDAY
at your nearest
Universal Church

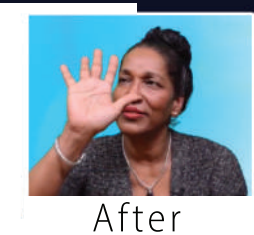


HEALED FROM AN INCURABLE DISEASE

"I was diagnosed with an incurable disease—herpes. I had been having many problems with my husband, and when I went to the doctor, I found out about this condition. The doctor prescribed some medications, but I chose not to take them. I made this decision based on my faith because I believed that God heals completely.

At first, I was very angry and didn't know what to do. I felt sad, overwhelmed by my problems and the diagnosis. Then I started using the Water from the Spiritual Treatment three times a day. Today, I'm healed, and here's the proof!" - Sylvia

Observations	Result	Reference / UoM	Date/Status
3rd IS ¹	1.036	0.450-5.330 IU/mL	02/02/2018 04:30
Thyroxine Index ¹	5.23	3.60-15.00 Tg/dL	02/02/2018 04:30
8- LIPID PROFILE			
Cholesterol ¹	174	<200 mg/dL	02/02/2018 04:30
Triglyceride ¹	● 212	<150 mg/dL Above high normal	02/02/2018 04:30
LDL CHOLESTEROL ¹	50	>40 mg/dL	02/02/2018 04:30
LDL CHOLESTEROL/HDL RATIO ¹	3.48	<5.00 Ratio	02/02/2018 04:30
LDL Cholesterol-Cal ... ¹	82	<100 mg/dL	02/02/2018 04:30
HDL ¹	● 42.00	>40.00 Above high normal	02/02/2018 04:30
D-HERPES SIMPLEX VIRUS (HSV) I AND II IgG ANTIBODIES[240]			
Observations	Result	Reference / UoM	Date/Status
		Non-Reactive	02/02/2018 04:30



HEALED FROM A DISEASE IN THE HAND!

"One day, after coming back from the supermarket with a lot of bags, I noticed pain in my hands. Over the next few weeks, it got worse until I couldn't stretch my fingers—they started bending inward. I went to the doctor, and they told me I had a disease in my hands, and there was no cure.

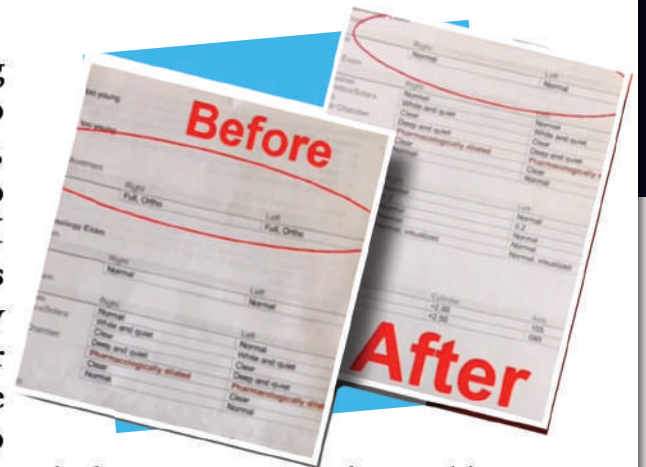
Someone had already invited me to the Universal Church, so I decided to go. I attended the Sunday services and drank the blessed water every morning. Two or three months later, I realized the pain was gone, and my fingers were completely fine!"



MY GREAT-GRANDDAUGHTER WAS BORN BLIND.

"My great-granddaughter was born premature, and the doctor said she was legally blind. It was due to an injury she sustained to her head and other developmental issues. This troubled me deeply, so I took a bottle of the blessed water and gave it to my grandson, telling him to put a few drops on her lips.

I believed God didn't bring this baby into the world to suffer like this. I kept praying, using the blessed water to wash her eyes, and soon, I began to notice she was reacting more—not just to my voice, but to me. Even her special teacher noticed the change. We went back to the eye doctor, and he confirmed the great news—she could see! My great-granddaughter is now five months old and has her vision back."



MY SON WAS IN AND OUT OF THE HOSPITAL



"For 18 months, my son kept throwing up all the time. Every month, he'd spend two weeks at home and two more in the hospital. He went through surgeries and tried all kinds of medication, but nothing seemed to help.

I brought him the Blessed Water, and he drank it. Whenever his stomach hurt, I'd massage it. Now, the vomiting and the pain have completely disappeared." - Miss Martin and her son Matthew



| MESSAGE |

Bishop Joshua

OUT WITH THE OLD



We don't hold onto old things. We let go of worn-out clothes, the car that keeps breaking down, and the phone that no longer works. We move on because we know these things no longer serve a purpose or add value to our lives. When we see signs that something isn't working anymore, we quickly look for a replacement.

Our spiritual lives show signs of wear and tear, too. The Word of God says:

“A good tree cannot bear bad fruit, nor can a bad tree bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. Therefore, by their fruits, you will know them.”

— Matthew 7:18-20

Maybe your life has been producing bad fruit. How can you tell if your soul is saved? Take a close look at the fruits your life has been bearing. Negativity, depression, sleepless nights, anxiety, and fear—these are all signs. Stop trying to force it. A bad tree can't produce good fruit. You have to focus on transforming the tree first, and the fruit will follow naturally.

As the Word of God says, a bad tree will eventually be cut down and thrown into the fire. Nothing good can come from it. Let go of the old—the things that have been holding you back and rotting your life. Turn to God, and let Him prune you into a new creation.

May the God of the Bible bless you!

September 2024 Bible Reading						
SUN	MON	TUE	WED	THU	FRI	SAT
1 Daniel 1 ✓	2 Daniel 2 ✓	3 Daniel 3 ✓	4 Daniel 4 ✓	5 Daniel 5 ✓	6 Daniel 6 ✓	7 Daniel 7 ✓
8 Daniel 8 ✓	9 Daniel 9 ✓	10 Daniel 10 ✓	11 Daniel 11 ✓	12 Daniel 12 ✓	13 Mark 1 ✓	14 Mark 2 ✓
15 Mark 3 ✓	16 Mark 4 ✓	17 Mark 5 ✓	18 Mark 6 ✓	19 Mark 7 ✓	20 Mark 8 ✓	21 Mark 9 ✓
22 Mark 10 ✓	23 Mark 11 ✓	24 Mark 12 ✓	25 Mark 13 ✓	26 Mark 14 ✓	27 Mark 15 ✓	28 Mark 16 ✓
29 Philippians 1&2	30 Philippians 3&4					

“I TRIED TO KILL MYSELF IN FRONT OF MY MOTHER”



Sadness was always a part of my life. Even without a clear reason, my childhood was filled with nights of tears. That feeling of emptiness followed me through adolescence, and when my brother died, it only got worse. He meant everything to me—he was my foundation. After losing him, I rebelled against life, myself, and everyone around me.

I grew up in a home full of daily conflicts. I had already witnessed my siblings fighting and started blaming my sister for my brother's death. He struggled with addictions, and I believed he was a victim, thinking she hadn't done enough to help. I placed all my blame, hurt, and hatred on her.

I became aggressive, isolated myself, and my depression, anxiety, and panic attacks worsened. I spent countless nights crying, repeatedly saying I didn't want to live. I tried to escape the pain in many ways, one of which was by investing in relationships. I was only 15, yet I would involve myself with three or four people in the same week, trying to mask the emptiness and fill the time.

During that period, I attempted suicide twice. “I tried to kill myself in front of my mother because I wanted her to see me die and feel it was her fault.” When that attempt failed, I became furious, thinking even death didn't want me.

My sister, who attended the Universal Church, started fighting for me through her faith. Although I'd heard about God and His power to transform, I resisted any kind of change. I began attending church, but none of it

“I wanted her to see me die and feel it was her fault”

made sense to me, especially while I was carrying so much suffering.

Then, during a third suicide attempt, something stronger held me back. I was ready to end my life when I felt a force stopping me, and I heard God's voice in my mind telling me He just wanted a chance to take care of me.

That experience changed my outlook on faith. I started praying sincerely and asked God to show me a sign of His existence. That same day, I went to church and, for the first time, I left with a sense of peace. I didn't fight at home, and I was able to sleep. That's when I knew I was ready to fully surrender. I let go of everything wrong, forgave others, got baptized in water, and started seeking the Holy Spirit with all my heart. When I received the Spirit of God, my inner suffering ended, and I found strength and a new purpose in life.

Today, I'm free from depression, hatred, and resentment. I carry only peace within me. My family relationships have been restored, I got married, and now I help others who are going through what I once did. Jesus changed my life. I used to be an unbeliever, and now I know I owe everything I have to Him.”

— Luana Macedo

What's happening at the Universal Church

“I thought about ending my life”



When I was five years old, my mother left my father, my four siblings, and me. From then on, our father raised us on his own. He took great care of us, but he couldn't fill the void of not having a mother, which was a huge gap in my life.

This absence contributed to my decision to marry very young. I had two children, but after 18 years of marriage, I went through a divorce and found myself alone once more. Not long after, I was diagnosed with depression and panic disorder. I started taking prescription medication and struggled to be alone for any length of time.

Eventually, I reconnected with someone I had known from my younger years, hoping to fill the emptiness I felt and change my life. I left everything behind and moved abroad to be with him. Unfortunately, my situation worsened.

Though I appeared to have a perfect life on the outside, I was missing my family. The person I was with didn't give me the attention I needed. He preferred going out alone with his friends and was of-

ten absent. I became increasingly sad and desperate for attention. I remember one night, I searched for him on the streets, pounding the steering wheel and crying in frustration. I lost control and ended up spending the night under an overpass.

The emptiness inside me grew so overwhelming that I couldn't find joy, despite having money and traveling to many places. One day, I found myself in the kitchen with a knife, contemplating self-harm. I felt completely drained and thought I couldn't go on. But around this time, a friend invited me to church.

Initially, I attended church without much enthusiasm. I listened to the teachings but didn't apply them to my life. I attended for a few days and then stopped, as I hadn't truly committed to God, and nothing changed.

But eventually, I decided to make a change. I started tithing and was baptized in water. I fully dedicated myself to God, and that decision transformed my life! I stopped taking medication, became less reliant on others, and prioritized seeking God with all my heart.

Today, everything is different. I am genuinely happy. Even when I face challenges, I stay strong, confident, and cheerful. Where I once needed help, I now dedicate myself to helping others.

- Marineide Lopes

“I took a lot of medication but the emptiness inside me only grew.”

Marcilene struggled with an inexplicable emptiness. Despite taking numerous medications, nothing helped—until she met the Lord Jesus, who filled that void. Today, she is a whole and fulfilled person. Please continue reading to learn about her journey.



“Since childhood, I felt rejected by my family. Many of them wouldn't even speak to me for reasons I didn't understand. Things worsened when my father passed away; I was a teenager at the time. Pain, sadness, and anger consumed me. I developed a tough personality and became very rebellious. I ran away from home several times, staying away for days. Each time my mother and brother found me, they brought me back home, where I would get beaten.

I got involved with someone, and by age 18, I was pregnant with my first child. What should have been a joyful time was overshadowed by deep sadness. This feeling intensified during my second pregnancy when I was diagnosed with depression and referred for psychiatric treatment.

I took a lot of medication, but the emptiness inside me only grew. For years, I searched for peace and happiness in all the wrong places: people, religions, drugs, alcohol, and parties. I entered numerous relationships that went nowhere, and I was plagued by self-doubt and insecurities.

My lowest point came one day when I was alone in my apartment. I felt an overwhelming urge to climb to the highest point of the building and end my life. But as I stood there, a voice inside reminded me of my children, and I chose not to go through with it. Instead,

I started cutting myself. The second time I tried to take my life, I was making small cuts on my arms and felt an urge to slit my wrists. At that moment, I remembered God, spoke to Him, and read a Bible verse that calmed me down.

I traveled abroad, hoping for a fresh start, but nothing changed. One day, when I was almost completely drained, I remembered an invitation I had received to visit the Universal Church. I looked it up on Facebook, found a phone number, and immediately called for help. Someone responded and personally brought me to the church, where I received one-on-one care. That's when my spiritual battle began—and it's one I continue to win every day.

Today, I can confidently say that I am entirely free from all evil. The emptiness I once felt has been replaced with peace and joy that only Jesus can give. I made a genuine commitment to God, and now I live a life of abundance. I want to be someone who reaches out to others in need. Sharing the message of Jesus brings me joy, and I long to spread His word to anyone who feels lost. Just as there was a solution for my life, there is one for everyone. Through Jesus, I now live a renewed life”

- Marcilene



Are you tired of Depression?

The human soul often suffers from depression due to doubts that lead to fear, worry, anxiety, and endless restlessness. Have you or a loved one been struggling with depression for what feels like an eternity? Have you tried everything to break free from its grip, but nothing seems to work? No matter how long you've been battling depression or how severe it is, freedom is possible. Thousands of people, just like you or your family member, have overcome depression and found happiness and purpose in life. You and your family could be next. Visit a Universal Church near you this Friday and join our deliverance and liberation meeting. Why not give faith and God a chance to help you? After all, what do you have to lose?

Depression is one of the most pressing concerns for scientists today. Millions of people—around 300 million worldwide—are affected by this devastating condition, and countless studies aim to uncover its root causes. Some recent research points to excess sugar as a risk factor, while others highlight dengue fever and even the pressures of modern life.

A busy lifestyle, daily demands, the fast-paced internet, alcohol abuse, stress, lack of time for personal enjoyment, unemployment, and constant worries are just some of the factors contributing to the rise in depression cases.

For those suffering from depression, the desire to escape the pain they feel is overwhelming, and they often need help. There aren't always clear reasons for their deep sadness or dissatisfaction. Many who have battled depression describe the pain as something that just exists, without any clear explanation. Some cases stem from grief or disappointment, but many people tell us that depression seemed to come out of nowhere. They went to bed happy, but woke up feeling sad, and the sadness only deepened day after day. One of the biggest frustrations for these individuals is the lack of positive results from clinical treatments. This happens because, even though there may be physical symptoms, the root of depression lies in the soul.

While medications and therapy can offer some relief, they don't address the core of the issue, which is why depression often seems incurable. But this doesn't mean there is no hope. On the contrary, it shows that healing comes through faith.

Faith in God's Word has the power to transform any situation. It changes how we see the world, which is the first step to a new life. As the Bible says, "The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness" (Matthew 6:22-23).

When we embrace intelligent faith, we begin to shift our focus from past pain and trauma to God and His promises. This faith helps us believe that God knows every detail about us (Jeremiah 1:5), that we are loved unconditionally (John 3:16), and that we don't need to fear because we are never alone (Deuteronomy 31:8). Choosing to replace thoughts of despair with thoughts of God can make all the difference for those who believe.

Experience the power of faith for yourself. Read the testimonies in this edition, and see how they got to overcome depression. Join us at the Universal Church this Sunday at 10 AM and discover how God can transform your life.



What has DEPRESSION taken from you?

"There were countless suicide attempts."

Lucas Fernando was living the high life abroad, playing soccer, partying, and enjoying casual relationships. "After one championship, I went back home for vacation and blew through all the money I had earned in a month. During that time, a so-called agent promised to take me to Europe to play professionally, so I left my team to grow my career. But I soon realized I had fallen for a scam. Suddenly, I was left without a contract, no money, and no prospects," he says. Within a few weeks, Lucas' life took a drastic turn. To make ends meet, he started working as a construction worker alongside his father. "That's when depression hit hard. The guilt was overwhelming. I locked myself in my room and didn't want to face anything," he recalls. Despite his efforts to find happiness, nothing worked. "I tried to fill the void with work and money, but the more things fell apart, the worse I felt. I started having thoughts of death," he admits.

Amid this deep sadness, Lucas met his future wife, Priscilla, who had battled depression for nearly a decade. She shares her painful experience: "I fell into depression after my father's suicide in 2016. We hadn't seen each other in years, and some people said he died from abandonment. Those words stuck with me, and that's

when the depression took over." Her life quickly spiraled from there. "I dropped out of college, I couldn't sleep, I developed a fear of driving, and I would panic every time the phone rang, afraid it was more bad news," she says.

Priscilla sought help from psychiatrists and psychologists, but the medications weren't enough. "The meds couldn't stabilize me, and I tried to take my own life for the first time," she reveals. After physically recovering, she turned to addictions to escape the pain. "I started mixing my depression meds with alcohol, and before I knew it, I became an alcoholic. My first marriage fell apart, and after the separation, things got worse. I ended up addicted to drugs and eventually found myself homeless, not even knowing where I was," she says.

Consumed by negative thoughts and hopelessness, Priscilla felt like her life had no meaning. "I thought I was worthless, that there was no hope for me because I hadn't finished school, and that I was just a disgrace to my family. Those thoughts pushed me to feel like I didn't want to exist anymore," she confesses. Even in that dark place, she started a relationship with Lucas, but their lives together only got worse. "We fought all the time. I would hurt myself, and one



time, I even stabbed him. People didn't understand and just thought we were bad people," she says.

The cycle of suicide attempts continued until the couple heard about the Universal Church through Priscilla's mother. Lucas recalls the turning point: "She was still in the hospital after another suicide attempt when a pastor came to pray for her. He told me that if I held on to God's Word, everything would change, and I believed him. I even took a picture of her in the hospital to remind us later. She recovered, left the hospital, and we started attending services. That's when we realized our biggest struggle was spiritual, and we began fighting with God by our side."

Priscilla shares that the change didn't happen overnight, but her transformation came from learning to live by faith and stop being led by her emotions. "Every day, I started telling myself I was healed. Before I knew it, I no longer needed medication and finally let go of the

from all I had lost. Through faith, I received the Holy Spirit, and with that came a joy only God can give. I've faced plenty of problems since then, some really serious ones, but nothing has taken away the peace and joy that God gave me," she says.

Today, Lucas and Priscilla are both free from depression, enjoying a blessed marriage, and successful in their business. "We now work in international soccer player negotiations. God restored the very area where I had been humiliated," Lucas concludes.

"I was hospitalized three times in a psychiatric clinic."

Depression had pushed Camila to her lowest point. "I spent two years without even getting out of bed," she says.



"I was born into hardship. My grandmother raised me in extreme poverty—we had no food, clothes, or shoes, not even a chair to sit on. Growing up with all those limitations made me a depressed child. To escape, I got married at just 13, but nothing changed. I built a house out of mud and made shampoo, soap, and toothpaste from soda. Everything I owned came from donations or stuff I found in the trash," Camila recalls.

Hoping for a better life, Camila, her husband, and their two children moved to another city, but things only got harder. "We lived in a basement. I tried to fight my way out of the situation, but eventually, the sadness took over. I cried all the time, felt an emptiness in my soul, and didn't want to leave my bed anymore," she explains.

With no will to live, Camila turned to specialists for help. "I spent two years in treatment, was hospitalized three times in a psychiatric clinic, and attempted suicide three times. I gained a lot of weight and felt like there was no way out," she says. "Depression robbed me of everything, even my ability to speak. I stopped talking because I felt like no one understood me, no matter how hard I tried to explain," she adds.

Everything changed when Camila visited the Universal Church. "I went to a Sunday service. The moment I walked in, I felt peace, but it was when I approached the Altar and laid my entire past before God that things really changed. I was completely honest—I remembered everything and gave all my suffering to God: the days spent surrounded by garbage, the misery, and even the doctors' diagnoses. I had just a few minutes to talk to God, and when I opened my eyes, everything felt different. I felt light, and joy filled me," she describes.

Depression robbed me of everything, even my ability to speak. I stopped talking because I felt like no one understood me, no matter how hard I tried to explain.

Her transformation grew as she committed herself to knowing God and feeding her soul with His Word. Little by little, her life was restored. She found the strength to work on her marriage and developed her skills as a hairdresser. Today, she also dedicates herself to helping others who are suffering from depression.

"Now, I can tell people who are struggling with depression that there is a way out. When we surrender our lives to God, the sadness and the past lose their power," she concludes.



IT WORKS!

A Chain of Prayer is when you attend a prayer meeting for a certain number of weeks without interruption in order to see a breakthrough in your life. Whether it is healing, a financial breakthrough or spiritual deliverance that you need, a Chain of Prayer helps you develop the faith and determination to overcome.

Monday - Strong Nation
7am, 10am, 4pm & 7pm



Learn the secrets to overcome financially. Receive direction to grow and become a successful person.



Tuesday - Prayer for healing
7am, 10am, 4pm & 7pm

Receive prayers for your physical, mental and spiritual well-being.

Wednesday - Night of Salvation
7am, 10am, 4pm & 7pm



A meeting will be held for those who want to invest in a genuine relationship with God.



Thursday - Family & Love Therapy
7am, 10am, 4pm & 7pm

The goal of the family meeting is to bring families together. No family is perfect, but they can be free from any hate, separation and other underlying issues.

Friday - Deliverance
7am, 10am, 4pm & 7pm



There is a root to every problem. No issue can be dealt with permanently without removing its root. Every Friday, strong prayers is provided for anyone who is facing a problem that is influenced by negativity.



Saturday - Impossible Cases
8am & 12pm

Have you ever looked at a problem or situation and thought, 'this is impossible, there is no solution to this?' If you want to see the 'impossible become possible', join us every Saturday.

Sunday - Gathering of Faith & Miracles
7am, 10am, 3pm & 6pm



These meetings aim to help people connect with God, to empower people and teach them how to use their faith to achieve what they want in their lives.



Universal Beyond Bars

You are not Alone!

My journey to redemption

“My name is Everton. I’m 42 years old and I own my own barbershop. My childhood was troubled.

When I got home from school, I often found my father drinking and fighting with his friends. After they left, the arguments continued between my parents. Eventually, my parents split up, and I went to live with my father while I was still very young.

Before my father passed away, I moved back in with my mother, who was now married to someone else and also struggled with alcohol addiction.

The cycle of chaos continued. By age 11, I was smoking cigarettes, and I had easy access to them. I got married young, and my marriage mirrored the dysfunction I grew up with. I started drinking and fighting with my wife.

As an adult, I was reintroduced to cocaine by some colleagues. I had tried it before as a teenager when my brother gave it to me, but I was limited by my parents at the time.



Now, as an adult, I went down a dark path, using cocaine daily and eventually selling it. This led to my imprisonment after being caught in a drug deal.

While being handcuffed, I remembered my mother’s words—she always advised against crime, saying it wasn’t worth it. Despite this, I continued to deal drugs even while in prison.

A major fight broke out, and I lost all my rights, ending up in a different section for two and a half years.

During this time, God brought the UBB (Universal Beyond Bars) into my life, which I

believe was His will. I was released from prison but soon fell back into old habits.

My life spiraled further as I started drinking again and using cocaine. I was then introduced to crack, which brought me to rock bottom.

I moved back in with my mother and, driven by addiction, I began stealing from the house to feed my crack habit.

Depression, insomnia, and suicidal thoughts followed. I once took all of my mom’s medication, hoping to end my life, but only ended up very sick.

I even tried to exchange a car for crack, but that didn’t work either—I only felt my heart racing and convulsing. I returned the car to the dealer and asked to be taken home.

My mother was outside, desperately searching for



me. I told her to take a knife and kill me because I feared I would only cause her more suffering.

At that moment, an assistant from the church approached us. Initially, I rejected his offer to pray for me, but eventually, I accepted.

After the prayer, I felt a profound sense of relief and peace. Determined to change, I committed to attending every house prayer in my community and

started going to the Universal Church. I followed their guidance without question, participating in the Chain of Prayers and attending services twice a day, four times a week.

My soul needed more, so I began seeking the Holy Spirit.

“

Once I received the Holy Spirit, my life began to transform. I was able to open my barbershop, get married, and build a family with a woman of God by my side. My wife, children, and I are now serving God together.”



“I cry out to God; yes, I shout. Oh, that God would listen to me! When I was in deep trouble, I searched for the Lord.” Psalms 77:1-2

Speak out, I am all ears! If you want to be added to my E-Message list, send me a letter with the correct info to: 7075 SW. Fwy. Houston, TX 77074.

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The right tools for the job

A Message from Bishop Bira Joshua:

What is Your Profession?

- Butcher
- Lawyer
- Computer Programmer
- Chef
- Architect
- Barber
- Doctor
- Electrician

No matter your profession, every job requires the right tools to succeed. Can you imagine walking into a barbershop, only to find that the barber has no tools to trim or shave your hair? You'd likely find another place right away!

What if you went to court and discovered your lawyer hadn't even taken the time to review your case? The outcome would be disastrous!

Or think about an electrician who shows up without his toolbox. You'd assume he wasn't ready for the job, right?

All these professionals need the proper tools to excel. These are physical tools, but let's now consider the Spiritual Tools of Faith used in the Bible.

These tools are all physical. Now let us take a look at some Spiritual Tools of Faith that were used in the Bible.

"Then I set my face toward the Lord God to make request by prayer and supplications, with fasting, sackcloth, and ashes." — Daniel 9:3

We cannot fight the good fight of faith without using the Tools of Faith. While some things can be skipped, certain essentials cannot.

Daniel understood this and approached God with fasting and prayer.

Fasting is one of the most powerful Tools of Faith available to believers, and it cannot be overlooked.

Fasting isn't limited to abstaining from food—it can also mean fasting from personal desires or secular activities, like during the Fast of Daniel. And, of course, as Daniel did, it can include fasting from foods we enjoy.

The ability to fast, to deny the flesh, stems from the communion a person has with God.

Without that communion, it's impossible to truly listen to His voice or obey when He asks us to deny our own will.



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SHOWDOWN OF FAITH | 7am
 with Bishop Joshua

ULFN NEWS | 8am

THE AM SHOW | 10am

AT THE EDGE OF DEATH | 12pm

OVERCOMING DEPRESSION
 2pm with Pastor Edwin

BREAKING THE SILENCE | 3pm

FIGHTING THE UNSEEN ENEMY
 4pm with Bishop David

JOSEPH OF EGYPT | 5pm

GENESIS | 7pm

KINGS THE SERIES | 9pm

LET THERE BE LIGHT | 12am



SCAN ME



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Christian Carelli, now 35 and a dedicated sales manager, has an inspiring story of resilience and rebuilding. His early years were marked by financial hardship and family turmoil. “My father was deceived in a business deal and lost everything—our apartment, house, cars, money, and even his company,” he reflects. “We went through severe hardships, including being evicted from two homes.”

These challenges left deep emotional scars. “My father drank heavily, and my mother would lock him out of the house when he came home drunk,” Christian recalls. Amid this chaos, he became a rebellious teenager. “My parents kept me confined at home. I told them that once I turned 18, I would experience everything life had to offer, and that’s exactly what I did.”

However, a new hope emerged when his parents discovered the Universal Church. “They found the church through TV programs, and my sister and I, still children at the time, followed them,” he shares. Christian began attending the Children’s Biblical Center (CBC) and later the Youth Program Group (YPG), staying involved until he was 16. But his curiosity about the world grew stronger, and at 17, he stepped away from the church. “I knew about the church and participated in events, but I hadn’t yet had a personal encounter with God,” he explains.

Without a relationship with God, Christian explored the world, driven by his passion for soccer.



I lost everything.

What began as occasional use quickly spiraled into a devastating addiction, costing him his material possessions, including his car and money.



He joined an organized fan group and took on a leadership role, where he was introduced to drugs. “It started casually—I began with smoking and eventually tried cocaine,” he says.

“The addiction took everything I had worked hard for and led to debt, but the hardest part was losing my dignity,” he confides.

The breaking point came when, after several conflicts and violent episodes, his wife decided to leave, taking their child with her. “I was left alone in a small house, with nothing and no family, feeling utterly hopeless.” Depressed and directionless, Christian turned to drugs for comfort. However, his mother, who had always held onto her faith, never gave up on him. “My mother constantly prayed for me; she fought for my soul,” he says.

During this dark time, an invitation from a pastor to attend church proved to be a turning point. Despite his troubles, Christian began attending meetings at the Universal Church. The change was gradual but profound. He let go of old habits, cut off harmful friendships, and reconnected with his faith, promising never to return to his old ways. His baptism symbolized a fresh start. “I humbled myself and started over,” he says. From then on, he fully devoted himself to his faith and, in time, received the Holy Spirit.

Today, Christian has rebuilt his life. He has reunited with his wife, Patricia Zaggia Carelli, a recruiter, and now enjoys a fulfilling leadership role in his career. “The person who once couldn’t hold a single dollar now manages the bosses’ money,” he proudly celebrates.

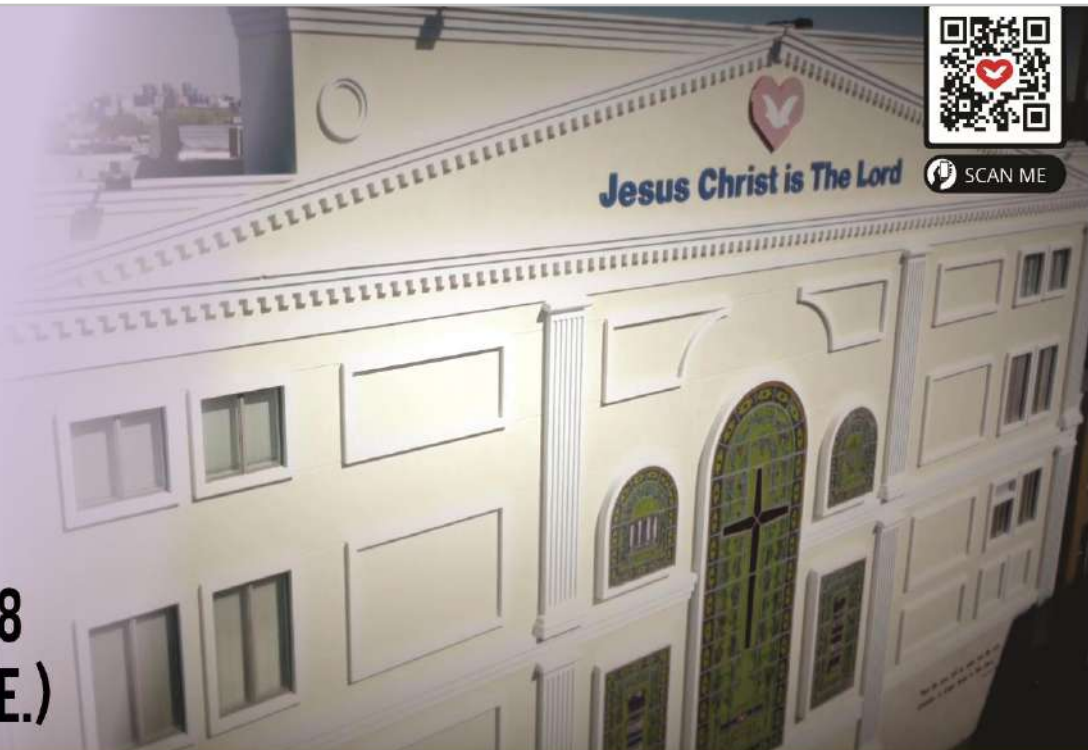


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