JIVERSAL EWS



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Powerful Battle against

PARANORMAL ACTIVITY "I would see a dead woman in the bathtub, all bloody." (Read Aryella's story on page 6)



Bishop Edir Macedo The Vow of Faith

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NOT TO BE SOLD

OPINIONS

IN THIS EDITION

Powerful Battle against Paranormal Activity

Have you ever felt like there was a dark presence lurking in the shadows of your room? Have you ever felt like something was following you or watching you from a distance? Have you ever heard the sound of footsteps, door slamming, people talking, or even your own name being called while being home alone? Well, dear reader, I have news you are not going insane but these are all signs of paranormal activity.

As crazy as this may seem, paranormal activity is all too real. According to a survey held by Cinch Home Services in 2021, 83% of Americans have experienced some form of paranormal activity in their homes. As surprising as these numbers may be, many fail to speak up for fear of what people will think of them.

But the question now is how does a person get away from this type of bad energy? Well, Jesus never performed a ritual to cast out evil. He had no written prayer that had to be read or guidelines to follow. But Jesus, on the other hand, simply used the spiritual authority He had to command evil to leave. It was His faith that cast them out, not mystical words and this is what Jesus taught His disciples- to cast out evil using the authority of His name by faith.

Are you in need of deliverance from paranormal activities? Visit a Universal Church near you this Friday for our Deliverance and Spiritual Cleansing Service. You will receive prayers of deliverance and valuable guidance on how to tackle the problems you are experiencing and overcome them through your faith.

BEATING DEPRESSION

Depression is a sadness felt in the deepest part of one's soul. It causes a great sense of hopelessness and exhaustion, such that a person loses the motivation to do anything, and some lose the desire to live. It is an illness of the soul. But who can heal the soul? No other than the Savior of Souls, the Lord Jesus, can heal a sick soul.

On Fridays, at every Universal Church, we have a service for Deliverance from Depression. Visit a branch near you today. Make a Chain of Prayer by attending a prayer meeting near you for seven consecutive weeks. You will receive practical steps, counseling, and spiritual help through prayers to beat depression once and for all.

There are thousands of testimonials worldwide that prove a Chain of Prayer works. You won't regret it. You, too, CAN defeat depression!



SEE PAGE 12 FOR LOCATIONS



Bishop Edir Macedo



The authority of faith



Behold, I give you authority to trample on serpents and scorpions, and over all power of the enemy, and nothing shall by any means hurt you.

(Luke 10.19)

ot only is supernatural faith an instrument to bring about eternal salvation, but it is also an instrument of spiritual authority. Nations around the world are being dominated by spiritual forces of evil, and tragedies and disasters have resulted from it.

But those who are born of the Spirit, even though they live in this world, are not subject to evil forces—unless they choose not to use their authority in the faith God has given them. God gave Moses a staff as an instrument of authority to show His glorious works. Today, He has given His people the staff of faith in order to overcome the "Egypts" of this world.

Whether this instrument is used against evil or not is another story! Even so, His authority has already been endowed upon His followers. See what the Lord Jesus said to His disciples:

"Behold, I give you authority to trample on serpents and scorpions, and over all power of the enemy, and nothing shall by any means hurt you." (Luke 10.19)

The power is in your hands to neutralize all evil that attacks you. Faith is the power and authority of God at your disposal. Use it!



I had a lot of paranormal activities around me and a lot of demonic attacks. It would happen changed. So when I came to the Universal Church, the thing that surprised me the most was I started to realize those issues I that on the very first day I came, was having such as the strange I actually received a strong dreams, and visions of demon-

strong prayer or I just came to ing on around me just to pre-

She was spiritually oppressed on a daily basis.

the service, I always felt way tend it's not happening, with lighter than when I came in. So time, I didn't have those issues with time, I started to feel a lot anymore. I don't know exactbetter. It didn't happen all at ly when it stopped, but I was once but gradually my spiritu- coming to the church every al problem went away. But part Friday for deliverance. One of the delay was because of my day I realized that I didn't mindset; I had to change the way have those issues anymore. I was thinking. I had become so discouraged going to many It's amazing because sometimes

the light off, and the need to manifestation of God's power. I noticed that whether I got a drown out whatever was go-

churches with nothing happen- you are bound for so long that ing that I carried a lot of doubts. you don't think you can ever while I was in my car, at work, at I developed a pessimistic point come out. You start to question home, you name it, it was pretty of view and questioned everyone the hand of God- if it is too short much all the time. I felt things and everything. I was suspicious to deliver you? I questioned the crawling inside me. I had gone of people, even churches. But as power of God. But now I can to a few churches and although I kept coming, it was as if God say, I can truly attest to the powthey tried to help me nothing rebutted all the doubts by doing er of God- that He is here and something good things always. He still delivers. So the stories you read in the Bible, are not fictional tales or ancient happenings. To this day, God delivers His people. When I started to prayer and immediately felt ic things, being afraid of being practice my faith, to take action, lighter. So I continued coming. alone or of going to sleep with that's when I started to see the

Sarana Emmanuel

BLESSED WATER



"His skin is restored"

My son had an allergy which resulted in his skin having many sores, and to worsen the matter, he was diagnosed with chickenpox.

Due to this, he spent seven days in isolation. Nevertheless, today, he is healed completely, and his skin is restored.

-Adriana

"I woke up blind in one eye."

All the doctors knew was that I couldn't see with my left eye. I went to bed and woke up like this. It was then discovered that I had bleeding in the back of my eye.

At first, I was in great fear, but through faith and coming to this ministry, I learned how to tackle this problem. Now, I am completely healed.

-Lauren Marshall



"I had a bleeding problem."

Medication Cynthia used

I was sick with bleeding issues. My life was a mess. I suffered from insomnia and spinal

problems. Upon coming to this ministry and drinking the Blessed Water by faith, the first blessing I received was that the bleeding problem stopped.

Today, I am also free from insomnia, and I have been healed from the spinal problem. -Cynthia Williams



"Free from cancer, fibroids, and lupus."

Isabella was diagnosed with a bone tumor, seriously affecting her arm, which, weakened and

could break at any moment. She underwent nine

hospitalizations, and the use of strong medication.

Isabella's mother, Daiane, in the face of this situation, decided to act on her faith. While her daughter was undergoing medical treatment, she took part in the chain of prayer. Remarkably, Isabella's arm began to move. Shortly afterward, Isabella achieved what she had been looking for: the complete restoration of her health.

Faith by itself if it does not have works, is dead.

James 2:14





Bishop Joshua

MESSAGE

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Battling Invisible Forces



Have you ever found yourself in an impossible situation in life, feeling powerless and lacking the strength to overcome it? Many people struggle with health issues, financial problems, and addiction, feeling trapped and unable to find a way out. What situation are you struggling with? Does it seem like you're battling invisible forces, and the more you fight, the deeper you seem to sink into problems?

You are not alone. The Lord Jesus is with you. Through the Bible, He teaches us how to overcome any situation. You need to know your true enemy, and it's not a family member or someone who wishes you harm.

The Bible says: "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and the spiritual forces of evil in the heavenly realms." – Ephesians 6:12

Spiritual enemies are responsible for suffering and all sources of problems. The only way to overcome any problem in your life is with the power of God. Without Him, we cannot succeed; we can only receive the strength to prevail through the Holy Spirit.

May the God of the Bible bless you!

	Tuly	202	4 2	Rible G	Readin	g
SUN	MON	TUE	WED	THU	FRI	SAT
	1 Corinthians	1 Corinthians 2 ✓	1 Corinthians 3 ✔	1	1 Corinthians 5	1
1 Corinthians 7 ✓	1 Corinthians 8 ✓	1 Corinthians 9 🗸	1 Corinthians 10 ✔	1	1 Corinthians 12	1 Corinthians 13
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28 2 Corinthians 12	29 2 Corinthians 13	30 Philemon 1	Jude 1	1	TEMPLE # SOLOMON	A

THE 'IMAGINARY' FRIENDS WEREN'T JUST AN IMAGINATION

List verything started when I was born; I was born with ADHT, which is a mental disorder in the brain that makes a child to be a special needs person. I went to school, and they told my mother that they couldn't take care of me and that I would be anyone in life because I would not have the education that I needed and that I had to be put in a special needs school.

I couldn't speak or read like the other kids and was the last to learn to write my name. I was being bullied because of this, and it led to depression. I even legally changed my name because I thought that if I did that, they would stop bullying me, but it did not solve the problem. Since I couldn't make any friends, I started having imaginary friends. At first, I wasn't afraid of them because they seemed to care; they said they would take care of me and that I didn't need to make friendships outside our group. I would see them at night, under my bed, and hear them, and they would move my toys. I would tell my parents that my toys were electronic and could move, but they thought I was only imagining it.

I would spend most of my nights awake, and it would go on for days at times whenever I didn't have my medication. I would play with them, eat with them, sleepwalk, and when I fell asleep, I would walk around the house; it was like they were guiding me throughout the house. They didn't scare me initially; they made me feel very close to them. They took me under their wings, but as time passed, they started being scary; they would frighten me. Because of the insomnia, I was under medication, and my doctors would tell my mother that it was a side effect of the drug that I was taking.

One day, watching the TV program from the Universal Church, my mother heard the pastor saying: 'If you are going through a problem and you think that there is no way out for you and that you might as well die, come to this

is no way out for you and that you might as well die, come to this dress.' He gave the address of the Universal Church, and that is we came to the church. In the same week that I started comto church, my mother forgot to give me the medication and realized that I was able to sleep. As time passed, I ate normally, walked, and talked even though I was not taking the drug. I started to develop like a normal child within the first week that I came to church; all

the health problems that I had were gone. Since I came to church, I have never seen spirits or heard voices again. The depression, insomnia, and ADHT were no longer there, which, according to the doctors and my teachers, was impossible.

Apart from the h e alth and spiritual prob-

My life has completely been transformed, at school, I was top in my class, I won so many awards and I graduated with honors and A's. I now have peace, I am happy, I am an example for other young people, and all because of the Holy Spirit in my life.

lems, I also had many complexes with myself growing up. I felt inferior to others, and by coming to church, I was helped and received all the guidance that I needed. When I heard about the Holy Spirit, I came interested. I promised God I would do all I needed to the Holy Spirit. I was putting into practice everything I was ing at the church, and on the last day of the purpose at the I received the Holy Spirit, and all the complexes were gone. power utterly transformed my life; at school, I was at the class, I won many awards, and I graduated with honors and have peace and am happy, and I'm an example for other young because of the Holy Spirit in my life.

Jessica

What's happening at the Universal Church

She had panic attacks and sleep paralysis for many years.



"I have been in church since I was a young child. I grew up as a believer, but at the same time, I was an unbeliever. I had this idea that people who advance or are well-spiritual were because they were chosen by God, and that those who were struggling were unchosen. During this time frame, I started going backward in my faith and started to experience again the things that I had been freed from before. I started having a lot of panic attacks while at school and in the middle of the night. I would want to scream and cry at the same time, but I would just hold it in. My heart would also beat really fast.

Other times I would get sleep paralysis. I would feel like I was being choked and couldn't move. But it wasn't just that. During the sleep paralysis, I felt a coldness coming over my body. I felt like something was pulling at my legs but I was paralyzed. Sometimes I would feel like someone was there in my room but I couldn't see anything but I felt it.

This all went on and off for several years. I just couldn't shake it off. I couldn't fight it. I decided to seek help and spoke to a Pastor at the Universal Church about what was going on. At first, I didn't want to talk because I thought I would be judged so I tried to handle it on my own. But I was tired of the sleep paralysis and the panic attacks and so I went to the Pastor and to my surprise, he didn't judge me. He didn't look at me weird or anything like that. I was really embarrassed because I thought he was going to judge me. I thought he was going to give me a harsh word but the exact opposite happened. He was completely comprehensive. He listened to me and gave me advice on what to do and how to change the situation that I was going through.

I made a chain of prayers on Fridays for my deliverance. There was a purpose going on in the church at the time where we were advised to anoint ourselves and our home daily. Once I started anointing myself and my bed every night the attacks stopped. I haven't had any panic attacks, sleep paralysis, or any type of attacks at night anymore. It just stopped. Today, I can sleep very well. I can close my eyes and just fall asleep. And before it would take me a long time to sleep because I was always wondering if I was going to have another of those attacks.

So if you're going through any spiritual problems and you're embarrassed about what people are going to think or what the pastor might say, I advise you to just forget and not worry about the opinion of others. Go and speak to a Pastor if you need help and are going through any kind of problem. Let them know what's going on. Believe that you will be free and God will give you a second chance. Izamara Mero

Have you been experiencing paranormal activity? Are you afraid people will judge you if you ask for help? Here at the Universal Church, we have a saying: We don't judge, we help! Join us at a branch near you this Friday to learn how an attitude of faith can help you break free from your problems once and for all.

"I wanted to jump off the bridge"



When I was five, I was molested. And because of that, I grew up confused. I didn't understand what was going on at the time it happened. But it was after this that I started seeing shadows. The first time I saw them, they were walking on the walls and there was a dark shadow right across from what was happening that was just staring at me. I became scared but then my mom came in and she told me to stop crying because crying was not for little girls. And that confused me even more.

I started to grow up with this question inside me, if I'm not a girl, if I can't cry like a girl, yet I can't play with boys, then what am I? Am I a girl? Am I a boy? And I just started losing my identity. I started feeling like I wasn't good enough. Then one day a shadow appeared in front of me, offering me peace, offering me love, offering me friendship and protection. And I took it. I lost the desire to be near people. I always wanted to be in a dark room and I'd heard voices always telling me to kill myself. I didn't have happiness, love or trust for my parents because of what had happened.

In the dark, I would always cry, not only because I was afraid of the dark, but because I was always alone. I could be in a room full of people but at the same time, still feel alone, like I wasn't able to speak. I started liking girls and didn't want to be a girl. I hated myself a lot. I hated myself to the point that I would

bite myself till I bled. I would grab my skin and try to pull it apart. My appearance started changing and I started dressing up like a boy and acting like a guy.

At night, shadows would always creep up and rape me and abuse my body for whatever they wanted. And if I didn't do exactly what they wanted, I would suffer. I would remember some days and wouldn't remember others. I just didn't know anymore what to do except to think that the only way out was death. I attempted various times to suicide. I took the car on the freeway at 185 miles per hour. I just wanted to die. I didn't believe that there was a God. I didn't believe that God existed at all.

During the time that I was 16, I attempted suicide. I was on the other side of the bridge, and I was going to jump, but an usher from the Universal Church came and stopped me. She told me God had a plan for you. I decided to go with her. I came to the Universal Church and started participating in the chain of prayer of deliverance and from that day, I started getting free from everything, from homosexuality, from the addiction to sex and masturbation, basically the perverse world that I lived in.

The depression went away. The suicidal thoughts went away. I started seeking more and more the Holy Spirit. I gave my entire life to God and put it in His hands. When I surrendered all of myself to God, I received all of Him inside of me. When the Holy Spirit came inside of me, I received this peace; an internal peace. It doesn't go away. I smile. I am happy. I am content with who I am now because the Holy Spirit gave me that happiness. I am a strong per-

son who is filled with the Holy Spirit and now am completely changed.



The Soul Winners Group

Have you ever wondered why there's a need to go out to the streets and evangelize? Well, it's because the world is in need of good news. It's in need of the message of faith and hope. The gospel of Jesus, known as the Good News of the Kingdom of God, has the power to heal, transform, and save those who receive and practice it.

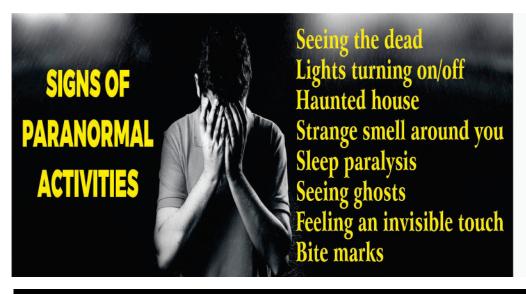
This is why the Soul Winners group was formed. The Soul Winners is the evangelism and community outreach group of the Universal Church. It is open to people of all ages who desire to be an instrument for good in their community by helping those in suffering and spreading the gospel of Christ.

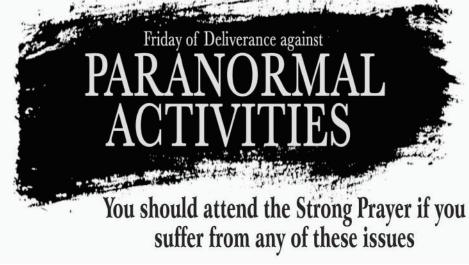
You too can join us in our mission at a Universal Church near you anywhere in the USA. Helping someone may not change the whole world but it can change the world for that one person. For more information on how you can join this group give us a call at (1-888)332-4141



COVER STORY

middle spre





Every Friday at 7pm (also at 8am, 10am, 4pm (see the back page for locations, times may vary)

I WOULD SEE A DEAD WOMAN IN THE BATHTUB, ALL BLOODY...

had a friend whose mom was a witch doctor, and we only came to find out later on that she was involved with witchcraft. One day, her mom took me to the location where she would do the rituals so that I could hang out with her friend. I had asked my mom if I could go to hang out. So I went, and once I stepped my foot there, she pulled me into a room to do a ritual. After that day, my life just went downhill, spiritually speaking, and I would never be able to be in the room by myself in the dark. I had to always sleep with the light on every single day.

It was the same nightmare every single day. I would go into the bathroom, and when I looked in the bathtub, I would see a dead woman in the bathtub, all bloody. My mom started to see my behavior change, and I would always tell my mom. We always had a good communication. So, ever since I knife. I thought: "They're not going was young, my mom knew about the work of the Universal Church, but we would only go sometimes. However, we knew that the problem was spiritual. Due to that, every time I went to the bathroom, a fear would come to me. Throughout many years, that problem reoccurred, and I started to suffer from depression.

Along with depression, I started gaining weight. And along with that came the bullying in school. Every time that I would look at a knife, I would think about cutting myself, cutting my wrist. So I could never be around knives. There was one time that I fought with my stepdad at my house. It was a verbal fight. It wasn't anything physical, and I went to wash the dishes, and there was a butcher's

Every time that I would look at a knife, I would think about cutting myself, cutting my wrist.

to miss you. Just do it." That voice became stronger. And I was with the knife in my hand. But then something told me to let go and walk away, and I knew it was God.

My lowest point was at the hospital because a couple of weeks later, my mom fought with my stepdad. And she took a handful of medicine and

went to sleep. And my stepdad yelled so I could hear. He said if your mom dies, it's not my fault. And the doctor told me that they had to leave her there for observation. After she fell asleep, I turned over and cried. I cried, and I asked God for help. I was going to church at that time. My aunt used to take me. And at that time, I started taking things seriously.

I wanted a relationship with God. From the moment that I started taking things seriously, I started going to the Friday services because that's something that I wasn't doing. There was a day that I slept. No nightmares, nothing. But then, I knew I wasn't 100% free until I received the Holy Spirit. So I said: "I'm free from the demons, but they can return if I don't receive the Holy Spirit." So, I came on Wednesdays. I would bring my Bible. I would prepare the best clothes and dress best on Wednesdays and Sundays. I prepared myself for God.

I started seeking and reading the Bible more. I also started fasting and seeking the Holy Spirit at night. So, I started focusing more on God and the Holy Spirit. I forgot about everything until one day, after Friday service, I was at my house. I kneeled and



started praying. I started seeking God, and a certainty came to me: no more sadness, no more desire to kill myself. My desire now is to live and to spread the gospel that there's a way out and suicide is not the answer. God can help you and rescue you. You don't have to go through life alone.

Today, when I lay down, I'll sleep like a rock; nothing will wake me up. You who are going through paranormal activity, going through spiritual problems, maybe you knocked on many doors. But I tell you, take the first step. Come to one of our Friday services. When you take that first step, you're showing God that you want to be free and that you want His help. He's the only one that can help you. Don't wait till next week. Don't wait till next month. Come now. Come this Friday. The more you come, the stronger your chain of prayer will be in overcoming this problem. You can be free. You just have to use your faith.

- Aryella Brum



THE EVIL SPIRITS ATTACKED ME SO HARD THAT I WAS GASPING FOR BREATH.

y name is Bridgette, and I used to see shadows and experience evil attacks. It would feel like something was holding me down. I could hardly breathe, and I would see black smoke, like clouds above me, and I thought something was wrong. I was terrified of what was going on while I slept. I even felt my body being pulled, like something was pressing on my body as they were coming up, starting from my feet and moving their way up.

I even saw long fingers. And I would close my eyes because I didn't want to look. I would run into the bathroom and start crying. Those things always returned to my bed like they were waiting for me to leave the bathroom. Once I went back into the bed, I felt it attack me again, but this time, it struck me so hard that I was gasping for breath. Then, that's when my husband woke up and patted me on the back because he thought I

I used to drink coffee and stopped, but then I started drinking coffee at night just to stay up. I would stay up all night and then be restless during the day. I could also see the evil spirits attacking my family because then my son's attitude had changed. He had different things

was choking.

going on with him. I was grumpy, angry, and mean towards people. And it just wasn't me. I went to a play and saw an evil spirit. Its eyes were green, and veins were long.

I thought, "This must not be real, but it was. It looked me in the eyes. So it was coming and going. I guess I was looking for the wrong things in the wrong churches. That particular night, I got in my Bible. I thought: "Maybe if I read something, it would stop," but it never did. It kept coming back. And so I said: "Well, maybe if I listen to gospel, they'll stop." I put on some gospel music, but then he came on, the bishop of Universal Church. He was



talking to me. Bishop said, put your hand on the TV, wherever you are, get out of your bed, put your hand on the TV, and I'm going to pray for you.

And I put my hand on the TV, and he prayed for me. I felt the relief. And I said: "You know, I'm going to start watching him." So I started watching him and getting interested because of what he said I had been going through. Then I called, and I got prayed for. So they invited me to a church. I went there. I stayed all day and enjoyed myself. I felt so good when I left because I felt different from how I used to be. I saw that I was changing.

And then now I'm just not stopping. So I

continued going. I started going on Mondays, Wednesdays, and Fridays for deliverance services, and then Sundays because I saw a change. You know, I started inviting people. They're coming. My grandkids love to come. My son started coming. I see the change. I see it. And I am so grateful to the Universal Church for staying with me. They call me. They encourage me. Today, I am no longer angry and don't get upset over the

little things.

It would feel like

something was holding

me down. I could hardly

breathe, and I would

see black smoke, like

clouds above me, and I

thought something was

wrong.

Now I notice that at night, I can lay in my bed and be asleep just like that. I say that if you are going through spiritual attacks, I invite you to come and speak to one of the pastors or get on the phone. They will give you words of encouragement and pray for you. You will be a changed person like me.

MAKE A



IT WORKS!

A Chain of Prayer is when you attend a prayer meeting for a certain number of weeks without interruption in order to see a breakthrough in your life. Whether it is healing, a financial breakthrough or spiritual deliverance that you need, a Chain of Prayer helps you develop the faith and determination to overcome.

Monday - Strong Nation 7am, 10am, 4pm & 7pm



Learn the secrets to overcome financially. Receive direction to grow and become a successful person.



Tuesday - Prayer for healing
7am, 10am, 4pm & 7pm

Receive prayers for your physical, mental and spiritual well-being.

Wednesday - Night of Salvation **7am, 10am, 4pm & 7pm**



A meeting will be held for those who want to invest in a genuine relationship with God.



Thursday - Family & Love Therapy
7am, 10am, 4pm & 7pm

The goal of the family meeting is to bring families together. No family is perfect, but they can be free from any hate, separation and other underlying issues.

Friday - Deliverance
7am, 10am, 4pm & 7pm



There is a root to every problem. No issue can be dealt with permanently without removing its root. Every Friday, strong prayers is provided for anyone who is facing a problem that is influenced by negativity.



Saturday - Impossible Cases 8am & 12pm

Have you ever looked at a problem or situation and thought, 'this is impossible, there is no solution to this?' If you want to see the 'impossible become possible', join us every Saturday.

Sunday - Gathering of Faith & Miracles **7am, 10am, 3pm & 6pm**



These meetings aim to help people connect with God, to empower people and teach them how to use their faith to achieve what they want in their lives.



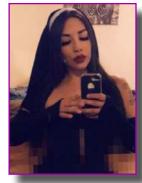
Universal Beyond Bars

You are not Alone!

Feeling Rejected led me to the Wrong Crowd

started misbehaving at age 13 when I began to realize that my dad never really loved me, and I started holding grudges against my mom because my dad would tell me stuff about my mom. He never came to see me, so I started going out to parties, such as house parties. I started smoking weed. I hung around with the wrong crowd. We did a beer run, and I was involved in it, and I got arrested a month later. I did my time in juve.





I got released. I started going out more to parties, clubs, and bars. I started doing

It got to the point where I went to parties every weekend: Friday, Saturday, and Sunday. Sometimes, I even went on the weekdays and Thursdays, but every weekend was my weekend to be out and about.

coke. I always said that I would never be

a stripper. I'd instead work cleaning the

toilets, but that was my lowest.







Carol's husband sought a change in his life and a church to attend. At that moment, Carol recalled the Universal Church she had attended in her youth. After that, my husband came around. I brought him to the Universal Church.

I would always hear the pastors talk about the Holy Spirit and giving up everything, and I would always say, I'm too young. I'm too young for this still. I still want to go out and have fun. But I started seeing my husband wanting to change more than he wanted.

He wanted to come more to church, and his way of being was changing. But I started realizing I needed to change because I would lose him because of my behavior. So then the next campaign came again, and I decided to do it this time for the Holy Spirit.

I told God, "you know what, God? I've had cars. I had a brand new car. I'm married now. I had my apartment. I have money. But I'm not happy. My relationships are toxic. My inside is empty. My heart is angry. It's sad, depressed. I'm not happy. I'm missing something."

didn't ask for anything else. I started selling all my clothes. All my clothes were nice, really expensive clothes, and I started selling them. I sold my shoes, my heels, because I wasn't working. So, I sold whatever I had that was valuable to me. I always loved having my nails done, my hair done, my toes done, my clothes. I just wanted to look good. And I got rid of that. I didn't offer only my stuff to God but myself, too. I was getting up at 3 in the morning to pray and seek God's presence.

I would seek the Holy Spirit in my daughter's room since it was empty. I would go in there on my knees, pray, read the Bible, and then start seeking Him daily. That's when I let everything out of my heart. And I truly forgive my husband, my mom, and my

dad. After I received the Holy Spirit, my character changed so much in my marriage, especially my attitude towards people. I can honestly say that I'm really happy. I have peace in my heart.



The Holy Spirit has given me this strength, peace, and love that no one in this world, nothing in this world, can provide. My marriage has been amazing with my husband. We're able to communicate, talk better, work things out, and fix things when they go wrong. We also bought a house and paid off a truck. When that campaign shows up, I say this is a huge opportunity.



If you make a powerful vow, you will have a powerful testimony. I thank God for the Holy Spirit. I thank God for everything, and I'm grateful and happy.





I never wanted this for my life, but what other choice did I have?

The UBB is here for you! We do NOT judge, we HELP. Your ID # does not define you! Write your letter to Bishop Joshua, and request to be added to his E-Messaging List. He will personally read and reply to you! Be sure to include:

- First & Last name/ ID Number

- Facility Name
- Complete Address
- City, State, & Zip code.

you got there, what you did. Now, you need

What is Confinement?

The definition of being confined or the state of confinement is when a person is restricted against their own will.

Who wants to be confined? No one, of course. Silly question, right? On the forefront, it sounds ridiculous when asked openly. However, subconsciously, people can hold themselves confined and not even realize that it is not just the environment itself but that they have become confined within themselves.

Maybe you ask: "How is this possible?" Let me break it down for you.

Stop and think with me: what makes you feel powerless? Is it an addiction, your anger, grudges, depression/sadness, pain/traumas, your past, etc.? Every time you feel powerless before a situation, that is what is confining your life.

I know this page is about the UBB, incarceration, etc. But there is more to confinement than just being locked up.

How many years have you been confined before being confined? You probably did not even realize the reason for your incarceration is because you were already confined mentally and emotionally and couldn't escape yourself, thus now the physical confinement.

Alright, next question: "So, how do I break this confinement?"

Well, I have the answer. When a person needs to be free, there are guidelines that they must follow. If you want the opposite of confinement, liberty, you must do the opposite of what got you confined. And remember, I don't just mean incarceration.

to undo whatever has confined you all these years. If you have been confined to a grudge, guess what? The opposite is to forgive to receive

If you were confined to addiction, guess what? Yes. You guessed right; you need to separate yourself from the substance and/or people that lead you into the addiction.

To be freed, you need to sacrifice, and it starts with sacrificing your own will. You must overcome your desires to do what is wrong to receive liberty in your life. It's no different with you behind bars, either. Do you want liberty?

You must abide by the rules. Do you want to receive time off? Behave, yes, you read it, behave. Confinement comes because of a wrong action, whether you meant it or not, so if you want that to be reversed, change the direction you have been heading.

Your help won't come from anyone around you, but your help will come from the One that is Above you!

THE UBB NOW INTRODUCES, "WHAT'S YOUR DOUBT?"

The UBB has brought many platforms to do our best to assist those incarcerated and their respective families through the Pando App, writing letters to Bishop Bira Joshua, and now answering any questions you have here on the UBB Page!

How will it Work?

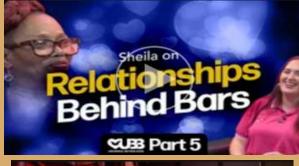
Send your letter to Bishop Bira Joshua as you normally do, but mention in the letter if you have any questions regarding family, relationships, surviving incarceration, forgiveness, overcoming addictions, etc.

You should clarify and let Bishop Bira Joshua know you would like this question answered on the UBB Page: "What's your Doubt?"

Each week, when you receive the new edition of the newspaper, you will also have the response to Anything in your life that confined you—how your question here in this section. The question

will be posted anonymously—no name or inmate ID will be posted, ONLY the question. It will be an open space to clarify doubts that many others may have! It creates a sense of community and support. Are you down with UBB?







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SHOWDOWN OF FAITH | 7am with Bishop Joshua

ULFN NEWS | 8am

THE AM SHOW | 10am

AT THE EDGE OF DEATH | 12pm

OVERCOMING DEPRESSION 2pm with Pastor Edwin

BREAKING THE SILENCE | 3pm

FIGHTING THE UNSEEN ENEMY 4pm with Bishop David

> **MOSES & THE TEN** COMMANDMENTS | 7pm

KINGS THE SERIES | 9pm

LET THERE BE LIGHT | 12am





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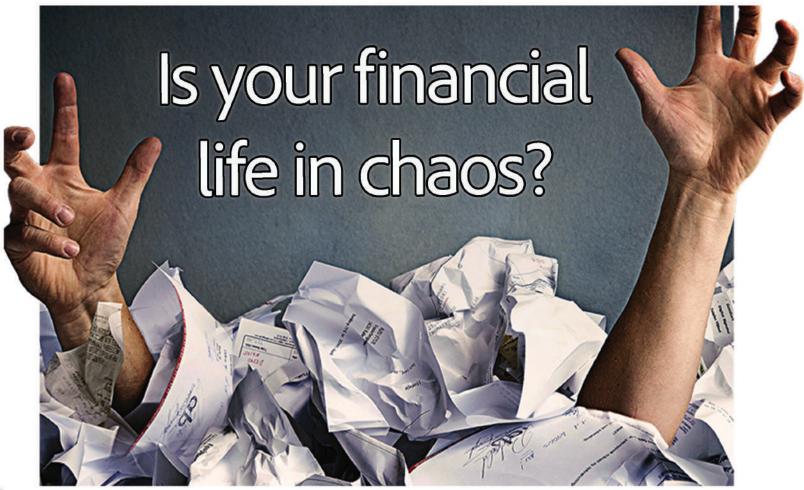








REAP PROSPERITY TODAY



he story of commercial manager Rogerio Faria sums up what using faith in the Altar of God can do to change your life. The Pilgrimage to the Holy Land, Mount Moriah, is not for people who want only blessings but those who recognize that they need the Blesser.

However, he went from the height of success to losing everything until he had this understanding. He arrived at The Universal Church at seven with his parents and brother. As a young man, he held a position in the church for a year because he thought he had the Holy Spirit. However, as time passed, the lack of an authentic experience with God led him to have malice towards the holy things. He eventually left the church. During the same period, he was promoted at work. With the promotion came pride: "I started making money, so I thought I didn't need God. Money became the first thing in my life, so I left my family behind. I liked to show off."

Rogerio's flashy life earned him a debt of \$700,000, the destruction of his marriage, and the desire to kill himself. "My rock bottom was the day I saw that nothing I was doing was worth it. I took the car I bought to show off, called my brother, and asked him to stay with my little daughter because I was going to crash the car into a pole and

kill myself. My brother, who is a pastor, asked me to stop the car, said a prayer rebuking that evil, and told me that what I was going through in my life was because, a few years ago, I had turned my back on God," he said.

ked From that day on, Rogerio restarted his journey of faith. Six months later, he participated in a campaign of faith and saw the opportunity to solve what he thought was his biggest problem: debt. The pastor spoke in the service that if our lives were not on the Altar, the effort we had to make in generating our offering would be useless. Rogerio remembers that, upon listening to the pastor, he understood that he was

making the same mistake as in the past.



"When the pastor asked us to kneel at the Altar and put our lives, truly in God's hands, the first things I put was the hurt, the pride, my rotten past, and my lies. I tore up the list and said: God, forget this. I want to meet You. And the Holy Spirit came upon me."

People soon noticed the difference in his life. On the outside, he remembers that the problems were not resolved quickly, but on the inside, he was strong, and little by little, his life came into order. "I paid my debts, regained my dignity at work, and received many promotions in the company. Today, I honor my wife, and I am happy. I am sure God puts me to sleep, wakes me every day, and gives me joy even amid the storm."

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