



STUCK IN LIFE

What should I do next?

Some people may feel trapped by a toxic relationship, financial struggles, or burnout. But making positive change can allow you to overcome “stuckness” in your life.



“I was trapped in addiction.”

(Read full story on page 6)



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Bishop Edir Macedo

Stuck in the dark

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| IN THIS EDITION |

Feeling Stuck

According to the Cambridge Dictionary, the word "stuck" means being unable to move from a particular position or place or change a situation. How many people find themselves just like this in life?

Imagine feeling unable to move forward, no matter how hard you try. The doors just seem to be shut before you. You go from relationship to relationship but are still unhappy; you apply for job after job but still have no answer; You try medication after medication but see no improvement; you even go from city to city, but it's as if bad luck follows you wherever you go. You are stuck in a cycle of setbacks, failure, disappointment, and unhappiness, and year after year, you face the same old problems.

Has it been your situation? Are you tired of living this way? You look at the lives of others and wonder where you have gone wrong, if your life will ever change, and if you will ever be happy. Well, dear reader, I have news for you. I am not here to offer you beautiful words of encouragement but to let you know that your life can change. There is a way out! There's a solution to your problem, and no, it is not to take your own life. Why not give this life you don't want anymore to God? Dear friend, God holds the miracle, the answer you have been waiting for! I am not talking about being religious but the power of supernatural faith that can transform your life.

You will not regret it. You will find testimonials of people who, like you, were once hopeless and stuck but have broken free, whose lives have been transformed. You can be the next! Please continue reading to learn more about this faith.

| BEATING DEPRESSION |

Depression is a sadness felt in the deepest part of one's soul. It causes a great sense of hopelessness and exhaustion, such that a person loses the motivation to do anything, and some lose the desire to live at all. It is an illness of the soul. But who can heal the soul? No other than the Savior of Souls, the Lord Jesus, can heal a sick soul.

On Fridays, at every Universal Church, we have a service for Deliverance from Depression. Visit a branch near you today. Make a Chain of Prayer by attending a prayer meeting near you for seven consecutive weeks. You will receive practical steps, counseling, and spiritual help through prayers to beat depression once and for all.

There are thousands of testimonials worldwide that prove a Chain of Prayer works. You won't regret it. You, too, CAN defeat depression!



Call 1.888.332.4141
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For more information
SEE PAGE 12 FOR LOCATIONS



Bishop Edir Macedo



Stuck in the dark

*"The people who sat in darkness have seen a great light, and upon those who sat in the region and shadow of death, Light has dawned."
Matthew 4.16*

The people who sat in darkness refer to those who live in complete spiritual blindness. They do not lack religion or philosophies. Instead, they lack intelligent faith, which sets them free, whether or not they deserve to be free. Access to intelligent faith comes with the knowledge of the Truth of God, registered in the Holy Bible.

The lack of knowledge of Scripture leaves people without choices, direction, and light. That's why so many people find themselves in the waiting room of death. They are living in the region and are in the shadow of death. This region is occupied by people awaiting death; they have been condemned by medicine and have no hope of living. Add to this group those suffocated by depression and considering giving up on life, etc. However, for those who sit in darkness and those who live in the region and the shadow of death, the effective, definitive, and free medicine they need is the Word that came from the Mouth of God.

This simple knowledge produces intelligent



faith, which meets the needs of all who believe. This faith comes from the Spirit of God, in the right measure for every need. This is the Great Light, the light that has shone since the birth of the Lord Jesus Christ. Jesus is the WORD OF GOD that was made Flesh.

Therefore, intelligent faith has nothing to do with religions A, B, or C. Intelligent faith brings answers to all those who believe in the WORD, whether they deserve it or not; whether they are saints or sinners, it does not matter. That's why the light shines for those in darkness, those in the region, and the shadow of death.

Filling the void with addictions



After a shattered childhood, Miguel sought to fill the inner void with addictions.

"I suffered a lot since I was a child because my parents spent all their time arguing, which ended up generating violence. I started to bring this same anger and violence into my life by beating other people. I carried this emotional baggage and took refuge in tobacco, drugs, and the world of online games because I thought they could fill the void."

"Because I couldn't sleep, I would spend many nights playing non-stop. In the online world, I felt good; It filled me temporarily. But it got to a point where I got tired of it all because my life was only

going backward. I ended up in the hospital many times due to anxiety attacks and because of other diseases that didn't even exist, were undiagnosable, and were generated by what I kept inside. At the hospital, I was advised to take medication for anxiety, sleep, and depression. I took them, but they didn't have any effect."

"I had no social life, neither with family nor with friends. I had my meals in front of a screen because I didn't want to be with anyone. I met a girl during this time, but it all went down the drain because when I was with her, I couldn't hold a conversation and just wanted to return to that online world's emptiness. So, it became a very problematic relationship, and she broke up with me. But I didn't know how to accept that; I became desperate and tried to kill myself. I came up with a plan to go to the train track and kill myself."

"In this situation, my mother invited me to the Universal Church;

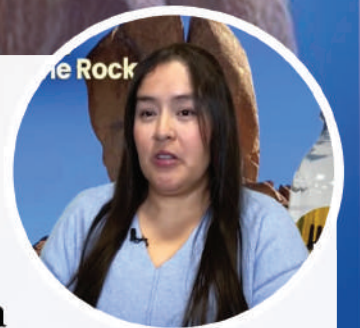
I was so desperate that I accepted. When I came to the Church, I didn't understand many things. Still, with the guidance of the Pastor, the assistants, and my current wife, I began to accept and understand that this was the path I had to follow. As I got to know God's Word, I saw several changes: the hurt, the desire to cry, and the emptiness disappeared, and I began to have peace; I could sleep again. I gave up gaming, tobacco, and drugs, focusing only on the Word of God.

"Later, I started dating my current wife, we got married, I started working, and our lives stabilized. I began to seek the Holy Spirit and gave myself 100% to God. After I was baptized with His Spirit, I began to feel an immense peace, and everything began to fall into place in my life. I started to have a social life, to talk to my family, and to have friends. I used to work for others, but now I have a gardening company. Today, I have peace within myself and in my marriage."

Mount Sinai Water from the Rock

MY DAUGHTER IS HEALED!

A few years ago, I took my daughter for a routine follow-up. The doctor found out that her spine had a curvature of 8 percent. The situation would get worse as she grew older. She had a lot of pain whenever she ran or made specific movements.



She had a lot of pain; any little movement or even walking would cause her pain. One morning, I was watching the Showdown of Faith TV program. I decided to come to this ministry, use the Blessed Water, and put it on her spine, too. Now she's healed from something the doctors had said she would have to live with for the rest of her life. The doctor even told me that the curvature is at zero percent!

- Matilde



"I had a bleeding problem."

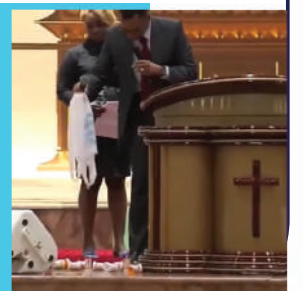
I was sick with bleeding issues. My life was a mess. I suffered from insomnia and spinal problems. Upon coming to this ministry and drinking the Blessed Water by faith, the first blessing I received was the end of the bleeding problem. Today, I am also free from insomnia, and I was healed from the spinal problem. -Cynthia Williams



"I was taking 18 medications, today I am free."

I was in a vehicle accident in September 2022. After that, I had a tear in my shoulder and two slipped discs in my back. I had high blood pressure and cholesterol issues. I started to drink the Blessed Water. Whenever I felt any pain, I would drink it. Last January, I did blood work, and everything came out fine. The doctor took me off the medications!

Medications Caroline had to take before



"No more sleepless nights."

I was going through many things, like sleepless nights and anxiety. I also had asthma since childhood, so I had to be rushed to the emergency room once. I remember telling my friend, "Please, don't let me die." The pains disappeared after I started using my faith and drinking the Blessed Water. It's been more than three months without needing medications for asthma. I am sleeping well and have no more anxiety. -Donna



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THE BLESSED WATER
CONSECRATED ON
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SUNDAY**

at your nearest
Universal Church



|Message|

BISHOP JOSHUA

STUCK IN YOUR OLD WAYS



Albert Einstein said: “Insanity is doing the same thing repeatedly and expecting different results.” If so, why do so many keep repeating the same thing and seeing no results? It’s like trying to bake a cake with the wrong recipe repeatedly, and even though it keeps coming out wrong, you continue to use the same recipe. It makes no sense.

How can we expect God to bless us if we insist on sticking to our old ways, knowing it doesn’t please Him? You might pray, remind God of His promises in the Bible, attend church regularly, and do your chain of prayers consecutively each week. Yet, you may receive no answers from God.

Why, you may ask?

Remember, God is righteous. He cannot reward failure. You must first align yourself with Him to have His presence in your life. It means letting go of everything that doesn’t please Him. People may deceive you, and you may fool others, but no one can deceive God.

Now the Lord had said to Abram: “Get out of your country, from your family and from your father’s house, to a land that I will show you.

Genesis 12:1

God told Abram, “I can only show you the land I have for you if you leave this land that you are in.” You need to understand that Abram’s life was already established; he had a stable life and was already an older man at 75. Yet God still told him to leave the pagan country he was living in. It was not a request; God did not say, “Abram, please leave this country.” God said to him, “Get out of this country.” The “country” represents your old life. It represents the way of living that hasn’t worked until today.

But there’s hope. God’s blessings await you if you’re willing to let go of your old ways and embrace His path. The first step towards a new life is leaving the old one behind.

May the God of the Bible bless you.

Stuck in a world of crime

My story begins with a destroyed family without structure. By witnessing countless fights at home and seeing my parents separating due to their drinking addiction when I was just four years old, I was tempted, later, to get along with the wrong people. At school, I started getting involved with people who had problems. At the age of 13, I started going out at night, drinking alcohol, and smoking cigarettes, and I became more and more distant. It was then that I began stealing and doing everything wrong.

I then gave myself entirely to the world of robbery and smoking marijuana. I used to say that I wasn’t addicted, as I only used it on weekends. Still, after a short time, I was taking drugs every day, and I started to depend on marijuana to live.

It was through marijuana that I became directly involved in organized crime. I started doing it when I was 16, and marijuana became something weak, as it no longer had any effect on my mind, so I started with cocaine. I was arrested for the first time when I was 20 because I tried to kill my uncle. I was the only male grandson in the family, and I saw him beating my mother and aunt. He even shot my grandfather in the mouth when I was little, and I grew up with that desire in my heart that I would become a drug dealer and kill him one day.

I was in jail for almost two years. In prison, I learned everything wrong, including how to understand illegal products better. I started selling drugs to inmates. I left there with my head completely distorted. The first thing I did when I was released from prison was to get involved with drug traffickers, and I started doing the same, and that led me to prison again.

I spent another one year and six months in prison. When I left there, I got to the point of becoming involved with an extensive criminal organization. I was the drug dealer’s manager, and I learned how to manufacture drugs with him. I got a motorcycle, car, and other material goods. I snorted so much cocaine that the products began to eat away my nose, to the point of making a hole near my eye.

I wanted to change and escape that life, but I felt stuck because everything I tried failed. My family tried to do everything, sought help in every way, and even came up with the idea of putting me in rehab, but that wasn’t enough. Going to rehab could not change me; what I needed was guidance, which was God. I got to the point where I wanted to take my life; I attempted suicide but failed.

To my surprise, the chief drug dealer, when he saw my despair, told me to read the Bible and seek God. One day, when I was flipping through the TV channels, I saw the Universal Church program. My cousin, who was going to church, took me there. I arrived with fear, without understanding anything. It was on Friday, the day of deliverance. From that day, I did not stop; I started making the chain of prayer for my total deliverance and seeking God. I abandoned friendships, drugs, and prostitution because I wanted a new life with God.

But it wasn’t because I converted that my life turned into a bed of roses. I received peace inside of me and lived a new and happy life, but outside, the fights continued. On one occasion, as I went out to speak about Jesus to others, I was stopped by a police officer and ended up being arrested again due to a case from the past. This time, I wasn’t involved in drugs or robberies; I had surrendered my life to God and was serving Him. Inside the prison, I prayed for people and talked about Jesus. Many prisoners didn’t believe it, and they said I was pretending to be from the church. The drug dealer came to visit me and tried to convince me, saying that I was important in the world of crime. I had to fight against that voice of the devil telling me to leave God’s ways and return to the world, but I didn’t believe that and continued in faith, seeking God and praying.

In the cell, I spent my days evangelizing, winning souls until I was released to go home and never made mistakes again. When I was released, the first thing I did was go to church to look for Jesus. I continued in the church and committed myself more to serving God. I got married, and now I serve God as a pastor. I am grateful to God for everything he has done in my life.

Jose



My family tried to do everything, sought help in every way, and even came up with the idea of putting me in rehab, but that wasn’t enough

March 2024 Bible Reading

SUN	MON	TUE	WED	THU	FRI	SAT
					Hosea 1 ✓	Hosea 2 ✓
Hosea 3 ✓	Hosea 4 ✓	Hosea 5 ✓	Hosea 6 ✓	Hosea 7 ✓	Hosea 8 ✓	Hosea 9 ✓
Hosea 10 ✓	Hosea 11 ✓	Hosea 12 ✓	Hosea 13 ✓	Hosea 14 ✓	Joel 1 ✓	Joel 2 ✓
Joel 3 ✓	Zechariah 1 ✓	Zechariah 2 ✓	Zechariah 3 ✓	Zechariah 4 ✓	Zechariah 5 ✓	Zechariah 6 ✓
Zechariah 7 ✓	Zechariah 8 ✓	Zechariah 9 ✓	Zechariah 10 ✓	Zechariah 11 ✓	Zechariah 12 ✓	Zechariah 13 ✓
Zechariah 14 ✓						

What's happening at the Universal Church

Pregnant and Lost



"As a teenager, I would go to church; however, my spiritual life did not thrive during this time. I neglected to apply what I had learned and read the Bible as I should. I attended church services regularly but was not committed to God at all."

Mimi carried within her deep void and began to search for ways to fill it. "In high school, I began to yearn for attention, which led me to start dating. I became pregnant and made the difficult decision to have an abortion. Overwhelmed with guilt, I started to distance myself from the church, attending occasionally and eventually not at all."

I felt empty and turned to alcohol as a means of escape. I indulged in drinking and partying, trying to fill the void inside me. Unfortunately, this lifestyle resulted in another pregnancy. It was a challenging and isolating experience, but I resisted returning to church due to my guilt and the shame associated with my lifestyle.

I eventually hit rock bottom, burdened

by the pain caused by heavy drinking. It was at that moment I realized I needed to return to God. However, doubts and fears plagued my mind. I questioned whether my prayers were sincere and if God would truly listen. Despite this, I sought guidance from a Pastor of the Universal Church, who advised me to participate in the chain of prayers for my deliverance.

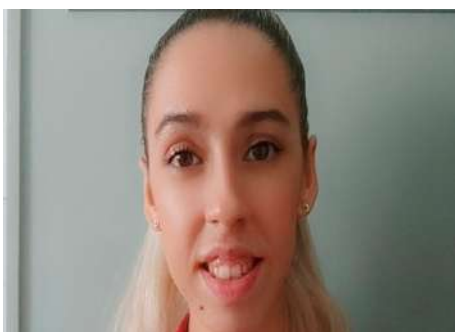
Through this process, I realized I needed to receive the Holy Spirit because only He could transform me completely. I began praying, seeking the Holy Spirit, and reading the Bible daily. I participated in Daniel's 21-day Fast. I focused on deepening my understanding of Scripture and found great solace in the book "In the Footsteps of Jesus."

Receiving the Holy Spirit was a profound and overwhelming experience. It eliminated my doubts and fears, assured me of my salvation, and gave me a deep sense of peace. I found joy in God's presence, filling the void that had plagued me for so long. This experience with the Holy Spirit renewed and strengthened my desire to serve God.

I no longer drink alcohol or go to parties. I no longer yearn for attention. I live a fulfilled and peaceful life because the presence of God now is inside of me," said Mimi.

At the Universal Church, there are countless stories of people who have experienced life transformation through the power of faith. You can be the next! Give us a call or visit a branch near you today.

I had panic attacks and an irrational fear of leaving my house



Before coming to Universal, Sandra Lopes was a depressed young woman with many inferiority complexes, which prevented her from making friends. On top of this, she also suffered from seizures.

"I had panic attacks and an irrational fear of leaving my house. I often stayed at home, isolated, locked in my room. Because of that, I didn't even talk to my teacher for a whole school year; as a result, my grades were terrible."

She had known about Universal and had even attended a few times but had stopped. She received another invitation to an event held by the Universal Church at a theater, and it was at this event that she decided to give God a chance. During the event, the Bishop spoke about the struggles he went through in his life and how he did not let anything shake his faith. The message resonated so profoundly with Sandra that she decided not to accept her situation and to take action to change it.

"It was then that I decided to return to the Church. I began to participate in Church meetings and youth meetings. I gave myself body, soul, and spirit, began seeking the Holy Spirit, and was baptized with the Holy Spirit. Since then, I haven't had seizures in 4 years, and the fears I had are gone! Today, I am happy. I have a very close relationship with my parents and friends and a structured life." - Sandra Lopes

365 Days to Change My Life



"It was 31 December 2022. I left home around 7 pm, smoked a cigarette, and got in the car. For the first time, I was going to a New Year's Eve event at a church. Normally, I would enter the New Year at a club, but something told me it was the right thing to do. After all, all those parties and drinks couldn't fill my emptiness."

"My problems started when I was a child. There was a war in my home country – Mozambique – so when I was only five years old, my family had to flee the country. We ended up in a refugee camp in Swaziland, where we stayed for ten years. When we finally left the camp and moved to Europe, I believed things would improve, but my hope soon vanished. After just a few months, my brother lost his life in a motorbike accident, and shortly after, my mum also passed away. Even though I still had my father and other family members, I felt alone without my mum to guide me."

"Thinking I was now all grown up and knew everything, I started clubbing, drinking, smoking, and getting involved with different guys. Then, at 19, I met someone I thought was my soulmate. We were getting along well at first, but as time passed, he became very jealous, and we started having many arguments. I thought having a child together would bring us closer and restore our relationship, but I was wrong! When my son was born, things worsened."

"I started taking drugs as a way to escape my problems, but as soon as that temporary 'fix' wore off, I was back to that sad reality. Eventually, I ended the relationship and moved with my son to the UK. Although I was now in a different country, it was the same old story: I got into another problematic relationship, in which I had two daughters and was left a single mum of three."

Raising three children on her own was not easy. But being determined, she soon found work and began to put her life back on track. Things were moving forward on the outside, but Sara still felt broken inside. "It was hard raising my children by myself. All the emptiness would return when I laid down on my pillow."

One day, a work colleague noticed she wasn't doing well and invited her to the church: "I refused her invitation. Deep down, at the time, I didn't accept that I needed help. I was a successful, independent, free woman! But the reality was that I was not free at all; my negative habits and inner problems enslaved me. Still, I couldn't see it back then. For nine years, I

kept believing my lie that everything was fine, but my inner void had just grown to the point that I couldn't take it anymore."

"One morning, I finally understood I needed help, so I called my friend. I burst into tears on the phone. She told me that everything was going to be fine. She invited me to a meeting at the Universal Church, and this time I accepted. I didn't know what to expect but felt welcomed at the church. They prayed for me, and when I left, I felt light, as if they took a heavy burden off me. I never felt like that before, so I decided to keep attending the services."

"The end of the year was approaching, and soon I was invited to the New Year's Eve Night Vigil, and I thought, 'Why not?' I always used to spend my New Year's Eve partying and drinking, hungover and with the same troubles, so I decided to try something new this time. Maybe if I did something different, I could see different results."

"When I heard the Pastor saying that if I was sincere with God and surrendered my heart to Him, I could be truly happy, I believed it. I decided to give all my troubles to God and left the church with joy and inner strength that I never had before. After years of unaccomplished resolutions, 2023 was indeed a 'New Year, New Me.' The cigarette I smoked on my way to the church was my last one. Somehow, I didn't feel the need for it anymore. I felt so at peace from that day onwards. I understood what was missing inside all those years was the presence of God."

"I entered not only a New Year but also a new phase in my life. I understood the importance of forgiving those who hurt me and myself for my wrong choices. I decided to leave behind everything that held me in my old lifestyle, including negative feelings, habits, and friendships. As I surrendered all to God, He made me complete from the inside out. Twelve months have passed, and now I'm a better woman and mother. I have a blessed family, and even when problems arise, I'm at peace because I know God is with me. My emptiness was filled with joy and peace. Now, I go with that same friend who invited me to church to reach out to others and let them know that things can change!"

- Sara Antonio

Sara Before



FEELING STUCK?



It's very easy to get or feel stuck in life. Suddenly, money stops coming in, relationships get boring, and more doors close than open — you realize you need to do something to make things change pretty soon, or else...

It is not a magic formula, but here's what I've seen work for me and other people I know:

- Get out of dead routines. Change the way you do things. See new people. Throw out your schedule.

- Start over. Go back to the drawing board. Reset. If something is not working, sometimes the best solution is to tear it down and rebuild it from scratch.

- Take a bold step of faith. If you really want change, you have to do some daring things. No, I'm not advocating irresponsibility or thoughtless risk-taking. I'm talking about faith like David taking on Goliath, like Gideon and his 300 going against an army of thousands — because they believed God would back them up.

What would you do if you knew that God would support you? Can you think of one reason why He wouldn't?

"I WAS TRAPPED IN ADDICTION..."

Anita was driving to a doctor's appointment when she started crying. At the time, she was worried about her enormous weight loss over the last few weeks. She knew that her life would be at even greater risk if she didn't have professional guidance.

Distressed, she was going through the darkest period of her life. She had just returned from a city where her acting career had stalled and now spent her days dominated by depression. What made her cry was a song playing on the car radio. The song said that God loved her, and without believing those lyrics, she made the challenge: "If you love me, show me where the Lord is?" she asked.

Still in tears, Anita turned her attention to the path again. "When I looked out of the car, I saw a Universal Church."

Anita's father was a lawyer who found joy in alcoholic beverages. Unfortunately, alcohol cannot make anyone's life better. And the children in the house discovered this in the most terrifying way possible.

"When my father drank, he became very violent and attacked people," says Anita. "He even beat my mother, even in front of the children. Many times, he tried to kill her."

Alcohol failed to take the life of Anita's mother, but her father did. On a Sunday morning, at the entrance to his farm, the man was shot eight times and died. Anita, who watched the scene in terror, still remembers how it all happened:

"My dad's supposed best friend was his 'addiction buddy.' They would go out drinking every evening after my father left the law office. And then, one day, drunk, my father said he



would kill him; my father was drunk; he didn't really say it. The supposed friend understood it was a serious threat and prepared a trap for my father. He was waiting for him, armed, at the entrance to the farm to kill him."

That crime transformed the family's life completely. The money that was in the house was used to pay off debts that her father had acquired due to his addictions. Anita's mother fell ill from so much sadness. The idea was born in Anita that, in acting, she could escape her real life.

"I grew up very sad, without joy in my eyes. I believed that art would solve my problems. Or

that art would be an escape to forget one's problems. In art, I saw beauty in life. I saw I could have joy, even if it were fake."

The dream of being an actress grew within her. When she turned 18, she set out to pursue her goals. She traveled alone to study and get jobs in the area. "I arrived in that city when I was 18. I didn't know anything about life. The big city is a trap for a girl from a smaller city. There, I got involved with addictions and the wrong people."

While not becoming a "television star," Anita built friendships with no good things to offer. On the contrary, with them, she started going to clubs,

gave in to tobacco and alcohol addiction, and even tried other drugs.

"I never got to the point of getting deeply involved with drugs, but it was a moment when I surrendered."

However, the aspiring actress did not realize how much harm she was doing to herself. It only happened after her brother visited. He saw how bad her life was, without work to further her career and wasting her life like many other young people. Sad, he returned home, where he died without seeing who his sister would become.

"My brother's death left me devastated. I found myself completely depressed, to the point of wanting to commit suicide."

However, instead of taking her own life, Anita decided to abandon her unhappy acting career and return home, following the countless requests her mother had made over the years.

"I came back with a feeling of failure. My mother always told me that the big city had ruined me. I came back so

different; my mother raised me like a princess, and the world had destroyed me."

Living again with her family, she maintained her addiction to cigarettes, drinks, and partying. She slept during the day and went to parties with her "friends" at night. To her mother's sadness, Anita arrived home stinking of cigarettes and alcohol.

That's when, addicted and depressed, and in panic due to her poor health, Anita found the Universal Church while driving to the doctor's office. Sometime later, she began to attend meetings and change her way of life until she was free from addiction. "At a certain point, my body didn't accept it anymore."

Her friends insisted that the girl return to "night outs," but she no longer saw any pleasure in that. She had found something that fulfilled her as no party or drink had ever done.

After three years, Anita Amizo's life was different. She was teaching acting in her hometown when she received a call to participate in a TV show. Excited by the

opportunity, she packed her bags again and returned to the big city. But this time, she was careful.

"I felt the need to seek God more because I was afraid that those people who influenced me in the wrong way would appear again, and I could be weak again. So, it was the beginning of a long journey of searching for the Holy Spirit", he reveals.

She found Him, and He filled her heart. She said, "It was the first time that I didn't feel alone. At that time, I attended the Universal Church for every meeting of the week, and the more I went, the better I became."

That was the beginning of a new life. She has been married for a year and says: "God saved me, and thanks to Him, I am still alive. He didn't give up on me. My alliance and communion with Him are so deep that He comes first in my life today. Today, the Lord is my great love, and nothing nor no one will take me away from His presence."

STUCK IN DEPRESSION

I had a negative mindset; I was involved with the wrong people and felt completely lost. It was because of these people that I got caught up in gambling, which eventually became an addiction.

It all started in school, where we would play cards. To begin with, it was just a game, but then we got bored, so we introduced the money element. It was the beginning of my gambling addiction. In later years, I started going to casinos, and I even stole money from my parents. I used to be very insecure

about myself, and this is what made me turn to other things, on top of gambling, like parties, pornography, and weed, just to feel some sense of fulfillment. Over time, all of these addictions got worse, and I became depressed.

I reached a point in time where I realized that I needed help. I was aware of how weak my mind had become and that I desperately needed to change. I sought help from a friend who had changed through the power of faith. He introduced me to the Universal Church, where I learned how to pray and use my faith to help me reform.



Without faith, I would have remained stuck.

I am a changed man; I know what I want to do now. I no longer follow the crowd and don't gamble or do anything I used to anymore. I don't need them to feel fulfilled, and as a result, I am no longer depressed. I know who I am, have my identity, and am happy.
- Ryan Addy

MAKE A CHAIN OF PRAYER IT WORKS!

A Chain of Prayer is when you attend a prayer meeting for a certain number of weeks without interruption in order to see a breakthrough in your life. Whether it is healing, a financial breakthrough or spiritual deliverance that you need, a Chain of Prayer helps you develop the faith and determination to overcome.

**Monday - Strong Nation
7am, 10am, 4pm & 7pm**



Learn the secrets to overcome financially. Receive direction to grow and become a successful person.

**Tuesday - Prayer for healing
7am, 10am, 4pm & 7pm**



Receive prayers for your physical, mental and spiritual well-being.

**Wednesday - Night of Salvation
7am, 10am, 4pm & 7pm**



A meeting will be held for those who want to invest in a genuine relationship with God.

**Thursday - Family & Love Therapy
7am, 10am, 4pm & 7pm**



The goal of the family meeting is to bring families together. No family is perfect, but they can be free from any hate, separation and other underlying issues.

**Friday - Deliverance
7am, 10am, 4pm & 7pm**



There is a root to every problem. No issue can be dealt with permanently without removing its root. Every Friday, strong prayers is provided for anyone who is facing a problem that is influenced by negativity.

**Saturday - Impossible Cases
8am & 12pm**



Have you ever looked at a problem or situation and thought, 'this is impossible, there is no solution to this?' If you want to see the 'impossible become possible', join us every Saturday.

**Sunday - Gathering of Faith & Miracles
7am, 10am, 3pm & 6pm**



These meetings aim to help people connect with God, to empower people and teach them how to use their faith to achieve what they want in their lives.

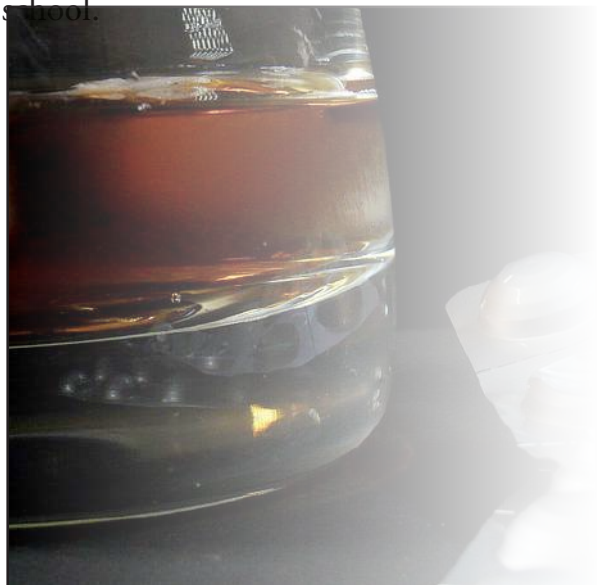


UNIVERSAL BEYOND BARS

You are not Alone!

I WAS STUCK IN A NEVER ENDING CYCLE, UNTIL I LET GO OF MY OLD LIFE.

Despite being the favorite among four siblings and getting everything he wanted from his parents, Vu still lived a life of crime and substance abuse when he was in high school.



I joined a gang that drank and used drugs. I was so rebellious that I used all those substances, even on school premises. I then participated in criminal activities, such as breaking into people's houses and stealing their belongings. I also stole cars. I was arrested on more than two charges.

I was released as I was still underage. I eventually dropped out of school when I was in grade 11.



I was arrested again when I was 20 for car theft. I went on trial for six months before being sentenced to two years in jail. Three years after my release, I was arrested for armed robbery and sentenced to 12 years in prison. I became a gang leader who was very corrupt and gave orders to other inmates. My drug abuse also escalated. I had people giving me free drugs because I was their general.

My family didn't give up on me. They visited me weekly and brought me everything I needed. I became more aggressive after my mother passed away; I refused a pass to go and bury her because I was still in the maximum-security prison."

I was released 12 years later on parole. "In the first few months, I was out, I was tempted to go back to my old life, but I met one of my old friends that I used to drink and take drugs with. He was a member

of the Universal Church (UBB). He was happily married and a responsible family man. I cried and told him how I wanted to change my life.

He suggested that I attend the church, and I did. That first Sunday, I had peace and hope that my life would change.

"I vowed to God not to go back to my old life. Since then, I never had cravings for alcohol or drugs. I developed my relationship with God, got married, got a good job, and was a responsible family man living a clean life."

Today with joy, I am apart of the UBB (UNIVERSAL BEYOND BARS) MINISTRY to help those who are in the situation I was before, and let them know there is a chance.

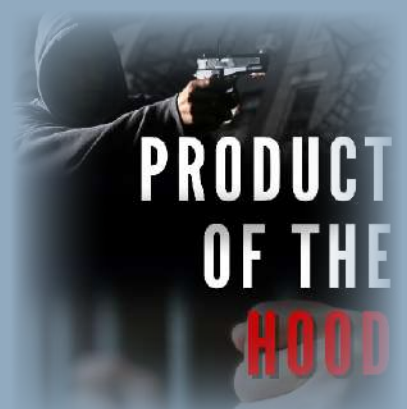


"I'm tired of it here, I wish it would end, all of it..."

Stop Suffering. Speak Out! Send Bp. Bira Joshua your info to be added to his E-Message, and receive help today. Or send your letter to: 7075 S.W. Fwy. Houston, TX 77074. Be sure to Include:

- First/Last Name, Inmate ID Number
- Facility, City/State/Zip Code

My life seems to be stuck, and I don't know why!



**SUBSCRIBE
AND TUNE-
IN TO THE
UBB ON THE
PANDO APP!
REAL TALK, NO
CAP!**

Albert Einstein said: “Insanity is doing the same thing repeatedly and expecting different results.” If so, why do so many keep repeating the same thing and seeing no results?

It's like trying to bake a cake with the wrong recipe repeatedly, and even though it keeps coming out wrong, you continue to use the same recipe. It makes no sense.



How can we expect God to bless us if we insist on sticking to our old ways, knowing it doesn't please Him?

You might pray, remind God of His promises in the Bible, attend the UBB services regularly, and commit to the courses. Yet, it seems as though you receive no answers from God.

Why, may you ask?

Because you must leave your old life behind, the problem is not with the things you do; it is who you are; you can practice the good things I listed above, and that's great, but if you have not let go of the side of drugs, gang banging, fighting, prostitution, bad relationships in prison, etc.

Very well, God is righteous, so He cannot reward unrighteousness. For God to be with you first you need to be with Him.

In other words, you need to follow Him. Let go of everything that isn't pleasing to Him. People can deceive you, you can deceive people, but who can deceive God?

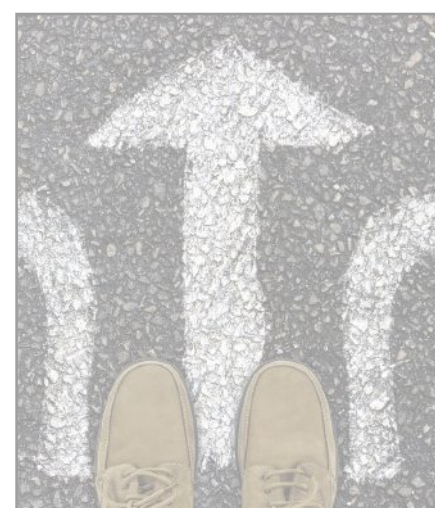
You can deceive your spouse, parents, friends, whoever it may be, But who can deceive God? No one!

The Lord told Abram: “Get out of your country, from your family and your father's house to a land I will show you.”
Genesis 12:1

God told Abram, “I can only show you the land I have for you if you leave this land that you are in. Understand this: the “country” represents your old life. Replace “Abram” and put your

name there, “John Doe,” get out of your country.”

Get out of your old life; God says to you, leave the old ways. You cannot have God and the world together; it is one of the other, not both.



You have been feeling stuck until now because you have not abandoned the old life; you haven't made a trade with God—your old life for His new life.

Let go of your old ways and follow His. He can only bless you if you take the step to leave your old life behind first. God wants to re-write your story, but will you give Him the permission to do so?

Do not hold onto what is broken anymore, let it go, give it to God, so you can receive the New Birth, and do not forget to join us in these 21 Day Program, to do exactly that, leave the old life behind.

SUBSCRIBE TO THE UBB ON PANDO! DON'T MISS OUT ON GOOD CONTENT, FOOD FOR THE SOUL.

YOUR BODY IS A TEMPLE

UBB



MY ANGER

UBB

STAY ENCOURAGED WITH DAILY PROGRAMS

Kings will tell the story of the nation of Israel from the moment the last judge, Prophet Samuel, is used by God to guide His people up to the pitiful fall of Jerusalem caused by the armies of Babylon. We will share in the pains, joys, and stories of the significant first kings of Israel as they lead the nation.



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SHOWDOWN OF FAITH | 7am
 with Bishop Joshua

THE AM SHOW | 9am

AT THE EDGE OF DEATH | 12pm

OVERCOMING DEPRESSION
 2pm with Pastor Edwin

BREAKING THE SILENCE | 3pm

FIGHTING THE UNSEEN ENEMY
 4pm with Bishop David

MOSES & THE TEN
COMMANDMENTS | 7pm

KINGS THE SERIES | 9pm

THE RICH AND LAZARUS | 11pm

LET THERE BE LIGHT
 12am with Pastor Joel



 SCAN ME







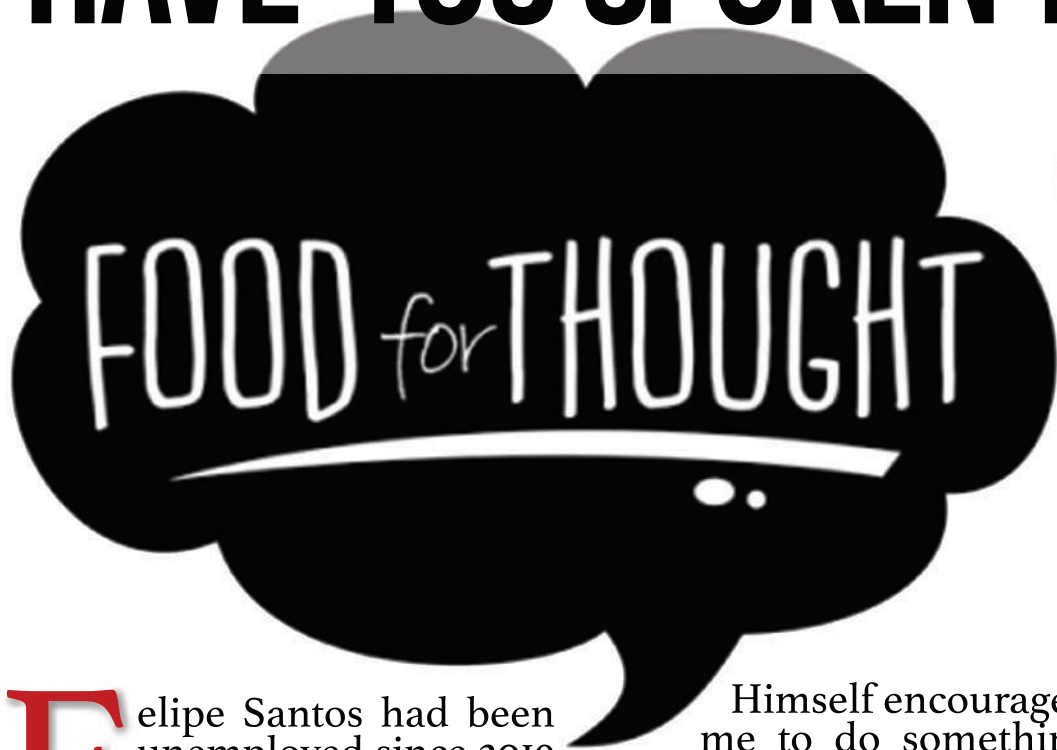




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HAVE YOU SPOKEN TO GOD TODAY?



“Although prayer is available to everyone, many ignore its power and how God wants us to communicate with Him.”

Felipe Santos had been unemployed since 2019 and needed help from family and friends. “I felt like I had a ‘rope around my neck’: I was going to get married, and I was unemployed and had no idea what I was going to do. I didn’t know how I would pay for the things we needed for the wedding.”

Confronted with numerous hurdles, Felipe turned to prayer, and the transformation was remarkable. In September last year, he secured a job, enabling him to marry within the same year. “Prayer was a catalyst for change in my life. It pulled me out of my comfort zone and into a realm of possibilities.”

Even though my life wasn’t how I wanted it, I didn’t do anything different. I maintained the same lifestyle and attended the church meetings, but I did nothing to attract God’s attention.” He recalls what changed his attitude: “The Holy Spirit

Himself encouraged me to do something different from what I was doing. It was then that I started to make a resolution with God: to pray in the early hours of the morning, at 3 am, every day for two months. I would go to the bathroom, which was the most private room in the house, get down on my knees, and cry out to God to take away the shame I was experiencing and for Him to create a situation for me to change my life. Soon after, I meditated on His Word.”



Felipe had received a job opportunity for one of the lowest-paying positions in the company. Still, he says that God

opened his vision and showed him that he could achieve a better position and salary to have the quality of life he wanted. His relationship with God, through prayer, guided his attitude. In a short time, he gained a prominent position and the responsibility of managing one of the company’s largest client portfolios.

Prayer not only made Felipe achieve professional fulfillment, but his faith matured as he developed his relationship with God. Today, Felipe recognizes that he received the answer at the right time: “I’m sure that if this blessing had arrived two years ago, I wouldn’t have had the structure to deal with it, and I certainly could have lost my faith. God, knowing this, did not give me this blessing before. Today, I am more mature and responsible. I have the spiritual foundation to receive any blessing from God. I will not abandon my faith or move away from Him. It’s the opposite; I desire to honor the Altar.” He celebrates his results: “God, seeing the intention in my heart, has entrusted great things in my hands.”

Because of this experience, he leaves the following guidance: “For God, there is nothing impossible. He delivers into our hands everything He promised at the right time. Today, things may not be working out for you, but God is working, and, at the ‘start of a new day,’ everything can change,” he concludes.

So, why not engage in a conversation with God now? He is always ready to listen. However, God expects us to approach Him in prayer with unwavering confidence, as it is written in Hebrews 4:16: “Let us, therefore, come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.”

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